

MONTHLY NEWSLETTER

EDITION 7 (JULY 2025)

EDITORIAL TEAM: Garima Singh, Shivang Naik, Hemanya Dave (9-E), Reva Mamtora (9-E)

FOUNDER'S MESSAGE

Rooted in Values, Rising with Purpose

Dear ANSh Family,

As we begin a new academic chapter, I am filled with gratitude and anticipation. This time of year symbolises more than just the return to school—it is a return to purpose, to possibilities, and to the joy of learning.

At Anand Niketan – Shilaj, we continue to uphold our vision of nurturing thoughtful, grounded individuals who find meaning in both their academic journey and personal growth. In an ever-evolving world, our focus remains on raising children who are emotionally resilient, intellectually curious, and ethically strong.

To our students—may this year be one of meaningful experiences, joyful discovery, and learning that stays with you for life. To our educators and parents—thank you for your enduring trust and partnership. Together, let's continue to shape lives enriched with knowledge, compassion, and happiness.



–Shri Kamal Mangal

Founder, Anand Niketan Group Of Schools

DIRECTOR'S MESSAGE

New Beginnings. Familiar Faces. Greater Dreams.

Dear Parents, Students, and Educators,

As the school reopens with the vibrant energy of excited minds and hopeful hearts, we welcome a new academic journey that blends fresh starts with continued aspirations. This is a time to reconnect—with our goals, our growth, and the shared values that define our school community.

At ANSh, we remain committed to nurturing an environment where each learner feels seen, supported, and inspired. With a strong foundation built on happiness, respect, and meaningful learning, we move forward with clarity and intention.

Let this year be one where we strive for excellence not only in academics but also in empathy, resilience, and collaboration. Together, we can make every day count.



–Ms. Lamiya Shums

Director, Anand Niketan Shilaj Campus

PRINCIPAL'S MESSAGE

Together Again, Stronger Than Ever

Dear Students and Parents,

As the gates of ANSh open once again, the campus comes alive with laughter, voices, and the vibrant energy of learning. To our new learners in Nursery to Grade 5—we welcome you with open arms and hearts full of hope. To our students of Grade 6–12—welcome back! Your return brings momentum, purpose, and the spirit of continuity.

This year, our commitment remains to cultivate confident, compassionate learners who strive not just for academic achievement but for personal growth and happiness. With a strong partnership between school and home, we are ready to embrace every opportunity, challenge, and success that comes our way.

Let's make this academic year remarkable—together.

– Ms. Tanu Mangla

Principal, Anand Niketan Shilaj Campus

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CAMPUS CHRONICLES: HIGHLIGHTS OF JUNE

Early Years Spotlight

A JOYFUL FIRST DAY AT SCHOOL!

The first day of school was filled with laughter, discovery, and heart-warming moments as our little learners stepped into their new classroom with curiosity and wide smiles. We are delighted to share the highlights of this special beginning:

LITERACY CORNER

The day began with a delightful **Name Game** where each student took a turn to introduce themselves. This simple yet powerful activity helped build confidence and a sense of belonging among peers.

Later, we read "A Colour of His Own", a heart-warming story that encouraged self-acceptance and appreciation for individual differences.

THEME TIME ADVENTURES

Our classroom came alive with music and movement during rhyme time! Students sang and danced to favourites like "Wheels on the Bus" and "Baby Shark", sparking joy and energy all around.

CREATIVE EXPRESSIONS & BONDING MOMENTS

Our little artists freely scribbled on colourful chart papers, expressing their thoughts through vibrant strokes. Alongside, bonding games encouraged interaction, laughter, and helped students feel comfortable in their new space.

It was truly a joyful and vibrant start to our journey together. We can't wait to watch our Nursery stars learn, grow, and shine in the days ahead!

TINY STEPS, BIG DISCOVERIES!

This month, Nursery students from Akshaya, Bindu, Chirayu and Durlabh embraced learning through joyful hands-on experiences. From tearing scribbled paper and engaging in energetic gross motor activities like hopscotch, our young learners showcased creativity, confidence, and coordination. Each moment reflected growing independence, meaningful connection, and the joy of learning together.



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A COLOURFUL AND JOYFUL BEGINNING!

The first day of school was nothing short of magical for our enthusiastic **K1 and K2 students!** With warm welcomes, bright smiles, and a heart full of excitement, our little learners stepped into their vibrant classrooms ready to begin their learning adventure.

To capture the joy of this special day, students participated in a delightful Palm Print Activity, dipping their tiny hands in cheerful colours and stamping them with excitement. These prints now stand as precious keepsakes of their very first school milestone.

Their laughter echoed through the corridors as they explored their favourite destination—the **Jungle Gym!** Climbing, sliding, and swinging brought immense joy while nurturing **confidence, coordination, and early friendships.** Adding to the fun were engaging gross motor activities, from hopping and crawling to obstacle runs and friendly races. Each movement was thoughtfully designed to boost physical development while keeping spirits high and energy soaring. It was a day painted with **colours, movement, and wonder**—a perfect start to a year that promises joy, discovery, and growth at every step.

K1 EXPLORERS IN ACTION!

The little learners of **K1 Akshaya, Bindu, Chirayu, Durlabh,** and **Ekaya** began their academic journey with joyful activities designed to spark curiosity, creativity, and connection. From the thrill of rolling dice in the Snake and Ladder game to confidently sharing their names through the Name Game, students engaged in playful experiences that encouraged social interaction and communication.

Exploration continued with clay modelling in K1 Durlabh, where students moulded shapes like caterpillars and apples, enhancing their imagination and fine motor skills. In K1 Chirayu and K1 Bindu, palm print activities brought colours and textures to life, allowing students to express themselves artistically while developing hand-eye coordination and colour recognition.

K1 Bindu also explored sorting and patterning using popsicles, pebbles, puzzles, and shape cut-outs—laying the foundation for early math and logical thinking. K1 Akshaya students engaged in a tracing activity, carefully following lines and curves to form letters and shapes. This hands-on task helped develop pencil control, concentration, and early writing readiness.

Meanwhile, K1 Ekaya embraced scientific thinking through a hands-on Sink and Float experiment, observing and reasoning which objects float or sink in water.

Across all classrooms, these rich experiences nurtured confidence, collaboration, and a deep joy for learning—making their first steps into school truly meaningful and memorable.



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K2 ADVENTURES IN LEARNING!

The curious explorers of **K2—Akshaya, Bindu, Chirayu, Durlabh, Ekaya, and Fahmida**—dove into a world of vibrant learning through fun-filled experiences that nurtured creativity, coordination, and curiosity.



K2 Fahmida students lit up the playground with their energy during the Hopscotch activity, developing balance, motor skills, and rhythm—all while grinning with joy. Over in K2 Ekaya, students sharpened their sense of responsibility and environmental awareness by identifying classroom objects and placing them in their correct spots, showing keen observation and a growing sense of ownership.

Creativity bloomed in K2 Chirayu, where students dipped their hands in bright colours for a delightful palm print activity—expressing themselves through textures and gaining early colour recognition. K2 Bindu students ventured outdoors to explore the jungle gym, where climbing, sliding, and balancing activities built both physical strength and social bonding.

In K2 Akshaya, hands-on fun took centre stage with two exciting activities: using rubber bands and twist sticks for sensory exploration, and picking up objects with pegs to strengthen fine motor control and hand-eye coordination.

K2 Durlabh learners excitedly explored the sand to find hidden toys and blocks. As they dug through the grains, the tactile experience stimulated their sense of touch and sparked joyful discovery. This sensory-rich activity enhanced their observation, focus, and motor coordination through meaningful hands-on exploration.

Together, these enriching experiences formed a beautiful start to the year—laying the foundation for confident learners who are ready to discover the world around them with enthusiasm and joy.

TOGETHER WE BEGIN – GRADES 1 TO 12 | A YEAR OF NEW POSSIBILITIES

From our youngest learners to our senior-most students, the campus buzzed with excitement, smiles, and the gentle hum of new beginnings. As the doors of Anand Niketan Shilaj reopened, so did the hearts and hopes of every ANShite ready to write the next chapter of their journey.

Whether it was the wonder in the eyes of a Grade 1 child stepping into school life, the joyful reunions of middle schoolers, or the quiet confidence of our senior students walking into their final school year—the spirit was the same: connection, growth, and purpose.

This collective homecoming is not just the start of another academic year—it is the unfolding of courage, curiosity, and community. Here's to a year where we dream boldly, learn deeply, and move forward, together.



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Rath Yatra 2025 – A Celebration of Devotion and Unity at ANSh

Anand Niketan Shilaj Campus came alive with spiritual energy and festive cheer as students and educators gathered to celebrate Rath Yatra 2025, one of the most revered festivals. Marking the divine journey of Lord Jagannath, the celebration brought students together in a spirit of devotion, unity, and joy.

A symbolic chariot procession was held within the school premises, beautifully adorned and accompanied by traditional bhajans and chants. Students actively participated by offering prayers and sharing their heartfelt wishes for peace, happiness, and spiritual growth.



This celebration not only provided a cultural learning experience but also fostered a deep sense of respect for tradition, community, and values. At ANSh, festivals like Rath Yatra serve as meaningful reminders of the strength found in togetherness and the joy of shared experiences.

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SUNSHINE, STORIES & SMILES – SUMMER FUN ACROSS GRADES 1 TO 4!

As the new academic year began, students of **Grades 1 to 4** returned with bright smiles, bursting with stories, creativity, and curiosity. Their Summer Fun Projects turned classrooms into vibrant galleries of imagination and exploration.

Grade 1 students arrived full of excitement, showcasing beautifully crafted food charts, joyful photo albums, and colourful models. Grade 2 added to the buzz with their interactive diaries, stone painting stories, and holiday reflections—each page alive with learning and joy. Grade 3 brought thoughtful letters, custom-designed math games, and gratitude journals, sharing their summer of discovery with confidence and creativity.

Grade 4 took their adventures further—writing kind letters, crafting delicious thandai, telling stories through painted stones, and even learning real-world skills like using an ATM! Their presentations reflected deep learning, thoughtful reflections, and a spirit of wonder that continued through the holidays.

Each activity—whether creative, reflective, or practical—helped students grow in confidence, stay connected to learning, and return with renewed curiosity. The colourful world of their summer adventures reminds us that learning never takes a vacation—it just finds new ways to shine.



SOFT BOARDS THAT SPEAK: A WARM WELCOME FOR OUR LEARNERS

To create a vibrant and inspiring environment, class teachers from **Nursery to Grade 12** beautifully decorated the soft boards in their classrooms to welcome students to the new academic year.

Each display was thoughtfully curated, featuring:

- Classroom Rules & Routines
- Word Walls & Subject-wise Vocabulary
- Timetables & Birthday Charts
- Motivational Quotes
- Science Facts
- Above the Line & Below the Line Behaviour (ATLB & BTLB)



These boards were not just colourful and creative but also educational and value-driven, setting the tone for a year of responsible behaviour, curiosity, and belonging. Students were thrilled to see their classrooms transformed into joyful, engaging spaces right from Day 1.

Because at ANSh, every wall speaks, inspires, and welcomes!

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ANSh Aspirants – Heroes Within, Superheroes Together!

At Anand Niketan – Shilaj, our young learners from **Grades 1 to 6** embarked on an inspiring journey through the ANSh Aspirant Orientation, a unique initiative designed to nurture confidence, character, and classroom citizenship.



In this interactive session, students explored the purpose and power of their Aspirant Passport—a personalised tool to track their growth, values, and achievements. Through stamps, superhero badges, and class participation, they discovered how everyday actions—like showing kindness, taking initiative, or helping a peer—can reveal the hero within.

The orientation emphasised that being an ANSh Aspirant is not about waiting for the spotlight but earning it through consistency, effort, and positive choices. As they strive to collect stamps and rise through levels, our students are also building self-awareness, discipline, and a shared sense of purpose.

At ANSh, we believe that every child is a hero in the making. With their Aspirant Passport in hand and a heart full of courage, our students are ready to soar—not alone, but together.

ANSh Student Council Orientation – AY 2025–2026!

Leadership Begins with Us

The Student Orientation for the ANSh Student Council at Anand Niketan – Shilaj marked the beginning of a purposeful journey toward leadership and service.

Students were introduced to the vision and structure of the Student Council—a dynamic group of elected representatives who take charge of planning school events, leading initiatives, and fostering a strong sense of community and school spirit.

Through an insightful session, students gained clarity on the various leadership categories and roles available, from Class Representatives to House Leaders and Event Coordinators. The orientation highlighted the responsibilities each role carries, the qualities of an effective leader, and the step-by-step process to become part of the council.



Students were encouraged to reflect on how leadership starts in small moments—by listening, supporting, organising, and inspiring others. With excitement and ambition, they left the session ready to lead with heart, action, and integrity.

Because at ANSh, we don't just elect leaders—we nurture them.

LEARNING BY DOING – PHYSICS IN ACTION!

Our **Grade 8** students explored the fascinating world of measurement through a hands-on Physics activity focused on calculating the density of irregular solids.

Using basic lab tools like a spring balance and a measuring cylinder, students learned to determine mass, measure displaced water volume, and apply the density formula in real-time.

This experiential learning not only deepened their understanding of core Physics concepts but also encouraged scientific thinking, accuracy, and collaboration.



When students learn by doing, science becomes more than a subject—it becomes an experience.

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MINI MBA 2.0 – LEARNING THE LANGUAGE OF SUCCESS!

Anand Niketan – Shilaj Campus proudly hosted the Mini MBA 2.0, a dynamic five-day workshop for our Grade 11 and 12 students, in collaboration with **IMS (Institute of Management Studies)** – Trusted for Success.

Held from 13th June, this enriching hour-long daily session introduced our senior learners to one of the most vital life skills: Time Management.

Through engaging activities and thought-provoking insights, students explored:

- Why we procrastinate and how to beat it
- The science behind instant gratification and self-discipline
- How to build and optimise their body clock
- The powerful Eisenhower Matrix for daily prioritisation
- The productivity-boosting Pomodoro Technique
- The art of tackling the most important task first – “Eat That Frog”

Each concept was introduced with real-life relevance, empowering students to make time work for them—not against them. The course concluded with students receiving certificates of participation, acknowledging their commitment to personal growth and leadership.

The Mini MBA 2.0 wasn't just a workshop—it was a mindset shift. As our students prepare to take on the world, we're proud to equip them with tools that lead not just to success, but to significance.



IGNITING PASSION!

A Dynamic Start to the Academic Year through the Educator Induction Programme

The Educator Induction Programme at Anand Niketan – Shilaj Campus was a vibrant celebration of innovation, creativity, and continuous learning. Designed to set the tone for the academic year ahead, the programme reignited the spark of purpose and passion in our educators.

Through focused micro-teaching sessions, educators sharpened their pedagogical strategies and explored how starter activities and Bloom's Taxonomy can transform classroom experiences. Hands-on exposure to math manipulatives brought abstract concepts to life, turning theory into practice in the most engaging ways.



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The theatre workshop was a highlight—unlocking expressive potential and empowering educators to infuse storytelling and drama into their lessons, making learning more immersive and memorable.

The ANSh Aspirants session encouraged educators to instil values and goal-setting in students, while sessions on almanac handling and the Reading Club expanded their capacity to integrate structure and a love for literature into daily teaching.

An insightful orientation session on the ANSh Student Council Structure for AY 2025–2026 was also conducted, giving educators a clear understanding of the leadership framework. This session aimed to align mentors with the student leadership journey, empowering them to guide students as they step into roles of responsibility, voice, and collaboration.

As they step into their classrooms, our educators are now equipped not only with innovative tools and techniques, but also with renewed energy and a clear vision. This induction wasn't just a training—it was a launchpad for a year filled with discovery, excellence, and purpose-driven education.

EMPOWERING EDUCATORS THROUGH MICRO-TEACHING

As part of our commitment to innovative teaching practices, our educators engaged in Micro-Teaching Sessions aimed at refining classroom instruction. These sessions focused on implementing starter activities, experiment-based learning, and the application of Bloom's Taxonomy across subjects.

Teachers designed and demonstrated short, impactful lessons that encouraged higher-order thinking, questioning strategies, and differentiated engagement. Whether it was through real-world connections, inquiry prompts, or hands-on exploration, the sessions empowered teachers to turn every lesson into a meaningful experience.

At ANSh, we believe great teachers never stop learning—and these micro-teaching sessions are a testament to our collective growth mindset.

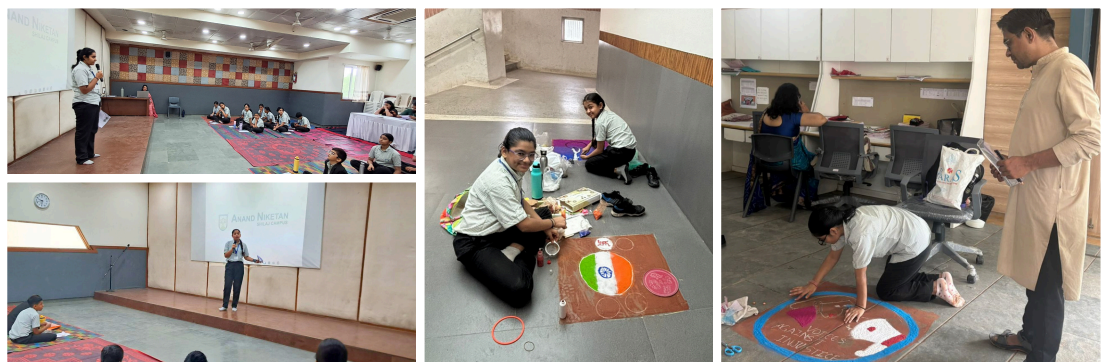


ANSh Interhouse Competitions 2025–26

Celebrating Talent, Voice, and Expression!

At Anand Niketan Shilaj, we believe every learner is uniquely gifted — and the Interhouse Competitions 2025–26 provided a dynamic platform for our students to showcase their abilities and passions. The event brought together students from Groups A and B in a celebration of expression, creativity, and house spirit.

Students participated across a variety of categories, including Declamation, Poem Recitation, Painting, Rangoli, Dance, Singing, Instrumental Music, Sanskrit Shloka Chanting, and Debate. The themes reflected the values we hold dear — peace, sustainability, empathy, and action.



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In the Declamation category, students powerfully delivered speeches such as "I Choose Peace" and "The Power of One: From Silence to Action", demonstrating clarity, conviction, and emotional depth.

Original and selected poems presented in the Poem Recitation category highlighted environmental awareness and hope. Themes like "Small Voices, Big Change" and "Hope Sprouts in a Sapling" resonated deeply with the audience.

The Painting event featured Warli and Madhubani artworks where participants used traditional Indian folk styles to express messages such as "Planting Seeds of Hope", "Peace Over War", and "Justice for All."

Through Rangoli, students created vibrant floor designs reflecting ideas like "Circle of Peace" and "Climate Warriors Unite." The colours and patterns symbolised unity, courage, and harmony.

The Dance and Singing categories were filled with expressive storytelling and spirited performances. Themes such as "Nature's Rhythm", "Rise of the Planet Protectors", and "Voices for Change" brought together rhythm, message, and movement in beautiful harmony.

Instrumental Music events like "Echoes of the Earth" and "Melodies Against War" highlighted the creativity and discipline of our young musicians, who skillfully conveyed emotion without words.



In the Debate round, students from Group B engaged in powerful discussions around pressing global issues. They spoke for and against motions such as "Individual action is enough to combat climate change" and "Compassion is stronger than conflict," demonstrating critical thinking and persuasive communication.

The Sanskrit Shloka Chanting from Chapter 2 of the Bhagavad Gita added a spiritual and reflective dimension. Students chanted with bhaav (expression) and confidently shared the meanings in English, Hindi, or Gujarati, making connections between ancient wisdom and today's world.

Each event was a celebration of student voice, cultural richness, and meaningful learning. From eloquent expressions to colourful canvases, from soulful notes to compelling arguments — the day witnessed it all.

Below are glimpses from the day's events, showcasing the vibrant performances and heartfelt participation across all categories.

As we continue to nurture a culture of joyful learning, sustainability, and leadership, this day stood as a powerful reminder — our students are not just preparing for the future, they are shaping it.

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ANSh Pritibhoj – A Taste of ANSh at Home

Dear Parents,

Our ANShites relish the corn tomato sabzi, and the memories of its taste extends beyond school years. This recipe has been specially requested many times by you all, especially by our alumni, Priyanka Gadhi.

Corn Tomato Sabzi (Serves 5 people)

Ingredients:

- Boiled sweet corn-1.5 to 2 cups
- Tomatoes -4 medium (roughly chopped)
- Melon seeds (magaj) - 2 tablespoons
- Cashews or soaked almonds -6 to 8
- Fresh ginger -1-inch piece
- Green chilli -1 small (optional)
- Cumin seeds -1 teaspoon
- Hing -a pinch
- Haldi -¼ teaspoon
- Dhania powder - 1 teaspoon
- Jeera powder -½ teaspoon
- Kashmiri Red chilli powder -as per taste
- Salt - as per taste
- Any good quality organic Kitchen King Masala - ½ teaspoon
- Ghee or oil - 1 tablespoon
- Fresh coriander - to garnish

Method:

1. Boil the sweet corn until soft. Keep aside.
2. In a separate pot, boil chopped tomatoes, cashews or almonds, and magaj seeds until they become soft. Let it cool slightly.
3. Blend the this boiled mixture with ginger and green chilli to make a smooth paste.
4. Heat ghee or oil in a kadhai. Add cumin seeds and a pinch of hing. Let them crackle.
5. Add the blended paste and cook on medium flame for 6-8 minutes until it thickens slightly and oil starts to release.
6. Add haldi, dhania powder, jeera powder, kashmiri red chilli powder, salt and the a good quality organic kitchen king masala. Mix well and cook for 2-3 more minutes.
7. Add the boiled corn. Mix and simmer for 3-4 minutes. Add water to adjust consistency if required.
8. Garnish with a pinch a kasuri methi crushed between your palms and fresh coriander and serve with hot jowar fulkas or parathas

STUDENT ACHIEVEMENTS: SPOTLIGHT ON EXCELLENCE

CUBING GLORY!

Ansh Rajesh Thakkar from Grade 7 Ekaya made Anand Niketan – Shilaj proud by showcasing remarkable speed and precision at the Gujarat Speed Cubing Competition held in Vadodara on 8th June 2025.



These exceptional performances are a reflection of the students' hard work and the values of focus and discipline we nurture at Anand Niketan Shilaj Campus. Congratulations to all the achievers—keep balancing excellence with elegance!

ANSh Yogasana Achievers – Strength, Grace & Discipline on Display!

We are delighted to share the outstanding achievements of our students at the NWR Yogasana Zonal Competition – B Zone, where their talent, focus, and poise shone through in both traditional and rhythmic categories.

Under 14 Girls – Traditional / Individual:

- 🥈 2nd Rank: Samya Panchal – Grade 8B
- 🥉 4th Rank: Araina Patel – Grade 6B
- 🥉 5th Rank: Aarya Patel – Grade 6E

Under 14 Girls – Rhythmic Yogasana:

- 🥇 1st Rank: Samya Panchal – Grade 8B

Under 17 Girls – Traditional / Individual:

- 🥈 2nd Rank: Priyal Bhatt – Grade 11A
- 🥉 3rd Rank: Fairy Luncker – Grade 9B
- 🥉 4th Rank: Rinee Kapadia – Grade 9D
- 🥉 5th Rank: Tisha Patel – Grade 9B

Under 17 Girls – Rhythmic Yogasana:

- 🥇 1st Rank: Priyal Bhatt – Grade 11A



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Speeding to Success!

Devansh Udhani of **Grade 3 Durlabh** brought pride to Anand Niketan Shilaj by securing the Bronze Medal in the 300-metre race at the Gujarat State Open Roller Skating Championship.



Warrior on Wheels!

We are proud to celebrate **Kanvi Rakholiya** from **Grade 3 Fahmida**, who blazed the tracks at the Gujarat State Open Roller Skating Championship 2025, securing a hat-trick of gold medals:

- 🥇 500m Rink Race
- 🥇 1000m Rink Race
- 🥇 300m Rink Race



Your speed, spirit, and strength truly make you a champion, Kanvi! Keep rolling ahead!

We're thrilled to share that **Dharm Patel** from **Grade 8 Chirayu** made a spectacular mark at the Gujarat State Open Roller Skating Championship 2025 with his exceptional speed and determination:

- 🥇 Gold Medal – 500m Rink Race
- 🥇 Gold Medal – 1000m Rink Race
- 🥈 Silver Medal – 300m Rink Race



Congratulations, Dharm! Your dedication and performance continue to inspire us all—keep skating towards greatness!

Speed Cubing Star!

We are proud to celebrate **Vrushank Tejas Rathod** for his phenomenal performance at the Gujarat Speed Cubing 2.0 – 2025 held in Baroda. His speed, precision, and problem-solving skills stood out as he secured:

- 🏆 Champion's Trophy – 2x2, 3x3, 5x5
- 🥈 1st Runner-Up Trophy – 4x4, Pyraminx, Skewb

Vrushank, your brilliance continues to amaze us — keep solving and keep shining!



Skating to Success!

We are thrilled to celebrate the remarkable achievement of **Dron Dabhi** from **Grade 9 Akshaya**, who made Anand Niketan – Shilaj Campus proud at the KMK 3.0 Skating Competition!

Dron's exceptional speed and precision earned him an outstanding four medals:

- 🥇 Gold – 2000m Road Race
- 🥇 Gold – One Lap Road Race
- 🥈 Silver – 1000m Rink Race
- 🥈 Silver – 500m Rink Race



His unwavering determination and sportsmanship have set a shining example for all. Congratulations, Dron! Keep gliding towards greatness!

Champions of the Turf!

We are proud to share that our **Under-14 Girls Football Team** from Anand Niketan – Shilaj Campus has emerged victorious in the NWR Football Tournament, claiming the Championship title with grit, teamwork, and unstoppable spirit.



Their performance showcased not just talent, but dedication, discipline, and true sportsmanship. Congratulations to our champions — you've made us proud on and off the field!

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Rising to Glory!

A huge round of applause for our **Under-17 Girls** Football Team from Anand Niketan – Shilaj Campus for securing the Runners-Up position in the NWR Football Tournament!



Their journey was filled with passion, perseverance, and powerful play – a true reflection of their hard work and determination.

Well done, team! You've set the bar high and inspired us all.

Victory in Every Kick!

We are immensely proud of our **Under-14 Boys** Football Team from Anand Niketan – Shilaj Campus for emerging as Champions in the NWR Football Tournament!

Their teamwork, discipline, and relentless spirit on the field led them to this outstanding achievement.



Congratulations, team – your win has filled us with pride and joy!

Proud Moment!

We are thrilled to share the wonderful achievement of **Kaveer Kush Vyas** from **Grade 2 Ekaya**, Anand Niketan – Shilaj Campus. Kaveer's creativity and love for art have led to a special milestone – his painting of Lord Shiva has been featured in Bal Bhaskar (Divya Bhaskar) on 21st June 2025!



This recognition is a testament to his imagination, dedication, and artistic talent.

Congratulations, Kaveer – your colours have made us proud!

ANSh Math Marvel Shines Bright!

We are incredibly proud to share that **Prisha Mehta** from **Grade 2-Bindu**, Anand Niketan Shilaj Campus, secured an outstanding 5th Position all over Gujarat at the UCMAS State Championship 2025, held on 21st June!



Her achievement reflects not only academic excellence but also ANSh's commitment to nurturing confident, capable, and curious learners from a young age.

Coding Her Way to Success!

We are incredibly proud of **Bianca Dalwadi**, **Grade 10 Akshaya**, from Anand Niketan Shilaj Campus, who has been featured in Priyadarshini magazine for her inspiring journey in the world of technology. From overcoming personal challenges to mastering coding languages like Java and C++, Bianca has shown that determination and passion can break barriers.



ANSh Skating Star Shines Bright!



Devansh Udhani

We're thrilled to share that Devansh Udhani, a talented student from Grade 3-D, Anand Niketan Shilaj Campus, has been featured in Gujarat Samachar for his remarkable achievement in the Gujarat State Open Roller Skating Championship!

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Empowering Student Leadership: The Student Council Selection Journey at ANSh

At Anand Niketan Shilaj, we believe that leadership is not just a role—it's a responsibility nurtured through voice, vision, and values. Our Student Council Selection Process for AY 2025–26 was designed to empower students, foster democratic values, and develop confident young leaders ready to make a difference in the school community.



Step 1: Launch and Awareness – The process began with introductory sessions conducted across Grades 1 to 12, where students were made aware of the various council positions, their roles, and the values they stand for. Through assemblies and class announcements, we encouraged students to reflect on their strengths and apply for positions they truly resonate with.

Step 2: Nomination and Application – Students interested in council roles submitted their nomination forms, outlining their interest, goals, and readiness to serve. For Grade 1–3 students, the Young Leadership Club form served as their first step toward leadership. From Grades 4 upward, students applied for roles such as STEM & AI Council Member, Eco & Sustainability Delegate, Sports Ambassador, Media & Communication Ambassador, and Class Representative.

Step 3: Panel Interviews with Council Coordinators and Mentors – Shortlisted candidates then proceeded to the first round of interviews, conducted by the respective council coordinators and mentors. These one-on-one interactions allowed mentors to understand the students' motivation, clarity of thought, and alignment with the values of the council they applied for. Students were encouraged to share ideas and initiatives they wished to take forward through their role.

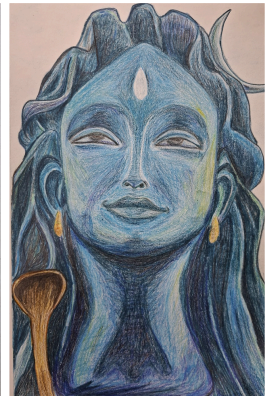
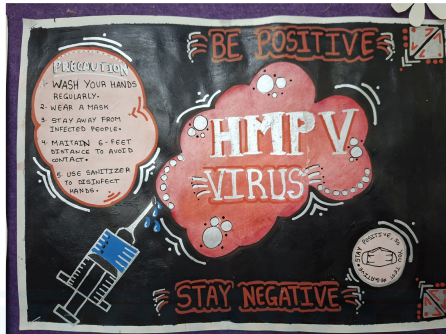
Step 4: Final Round Interviews with Senior Leadership Team – Selected candidates were invited for the final round of interviews, conducted by the Senior Leadership Team. Students shared their broader vision and articulated their readiness to take on responsibilities. Their responses reflected confidence, self-awareness, and a genuine desire to contribute meaningfully to the school community.

Step 5: Council Elections – To uphold the spirit of democracy, a voting round was held for the positions of President (Male and Female) and Head Prefect (Male and Female). Peers had the opportunity to cast their votes after listening to student speeches and engaging in student-led discussions that highlighted each candidate's strengths, values, and vision. The atmosphere was filled with energy, responsibility, and mutual respect as students made their choices thoughtfully—reinforcing the importance of student voice and leadership in shaping our school community.

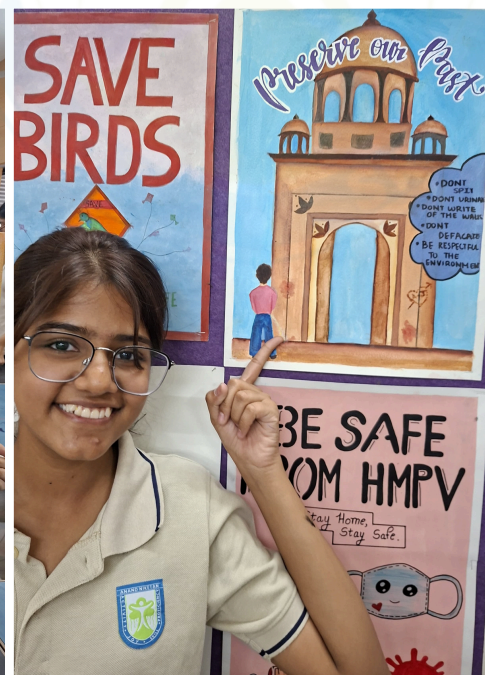
Step 6: Announcement and Investiture – 1st July 2025 – The final and most awaited moment of the Student Council journey is the Announcement and Investiture Ceremony, scheduled for 1st July 2025. This event marks the official beginning of leadership responsibilities for our newly selected council members across all grades. During the ceremony, the names of elected and appointed student leaders will be announced in the presence of the Senior Leadership Team, House Mentors, Council Coordinators, Teachers, and Parents. The ceremony will include the official pinning of badges, followed by the oath-taking, where council members will pledge their commitment to lead with integrity, responsibility, and purpose. The Investiture is not just a celebration of achievement—it is a moment of transition. Students step into roles that call for action, empathy, initiative, and service. It reflects our school's core belief that every student has the potential to lead, and that leadership is nurtured through trust, mentorship, and meaningful opportunities. As our newly elected Presidents, Head Prefects, Ambassadors, and Delegates take their positions, they will be guided by the values of Anand Niketan Shilaj—happiness, community, and character—setting an inspiring example for their peers. This ceremonial milestone concludes the selection process and opens a new chapter in student leadership—one that promises innovation, collaboration, and impact.

MONTHLY NEWSLETTER

EDITION 7 (JULY 2025)



ART ROOM: BRUSHSTROKES OF EMOTION



MONTHLY NEWSLETTER

EDITION 7 (JULY 2025)

ACTION FOR HAPPINESS

JUMP BACK UP JULY – BUILDING RESILIENCE, COURAGE, AND A POSITIVE MINDSET

At Anand Niketan Shilaj, we understand that life is filled with ups and downs—and that happiness isn't about avoiding setbacks, but about how we rise after them. As we settle into the new academic year, Jump Back Up July reminds us to embrace challenges with courage, learn from our experiences, and keep moving forward with hope and heart.

This month, we encourage students, parents, and educators to build resilience through small but powerful actions: reaching out for help, trying again after failure, or simply choosing kindness in a difficult moment. These actions don't just strengthen us—they inspire those around us.



Here is your Jump Back Up July Calendar, designed to promote self-belief, perseverance, and emotional well-being through daily mindful practices.

Jump Back Up July 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	
	7 Shift your mood by doing something you really enjoy	8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation
	14 Get outside and move to help clear your head	15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself
	21 Identify what helped you get through a tough time in your life	22 Find 3 things you feel hopeful about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)
	28 Think about what you can learn from a recent problem	29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human			

ACTION FOR HAPPINESS

Happier · Kinder · Together

MONTHLY NEWSLETTER

EDITION 7 (JULY 2025)

WHY RESILIENCE MATTERS IN LEARNING

Resilient students are not afraid to make mistakes—they see them as opportunities to grow. When we model a “bounce back” attitude, we empower children to face challenges with confidence, adaptability, and strength.

DID YOU KNOW?

Studies show that building emotional resilience improves motivation, social skills, and long-term success. Small actions like breathing exercises, journaling, or setting goals can enhance emotional agility and mental health.

CHALLENGE FOR JULY:

Think of a time when you faced a tough situation and bounced back. What helped you? Share your story with us at ansh.newsletter@anandniketan.edu.in and you might be featured in our next edition. Your story could help inspire someone else to jump back up too.

Together, let's make July a month of resilience, reflection, and renewed purpose. Let's jump back up—stronger, wiser, and happier.

PARENT'S CORNER: SUPPORTING, GUIDING, AND GROWING TOGETHER

A new academic year is more than just a calendar date—it's a chance to begin again with hope in our hearts and purpose in our steps. Whether your child is stepping into school for the very first time or returning with sharpened pencils and bigger dreams, July brings with it a powerful opportunity: to reimagine, reconnect, and reignite the joy of learning.

At Anand Niketan Shilaj, we deeply believe that every child's growth begins with the partnership between home and school. When parents and educators walk hand in hand, we create a world where children feel seen, supported, and celebrated.

MAKING THE START MATTER: 4 INTENTIONAL PRACTICES FOR PARENTS

- **Anchor the Mornings**

Start the day with calm, connection, and clarity. A few quiet minutes, a shared breakfast, or even a simple “You've got this!” can shape your child's mindset for the day ahead.

- **Celebrate the Small Firsts'**

First bus ride. First homework. First classroom friend. These tiny triumphs are the building blocks of courage—notice them, name them, and cherish them.

- **Create Safe Spaces to Talk**

Instead of “How was school?“, ask “What made you laugh today?“ or “When did you feel proud today?“ Invite conversations that go beyond routine answers..

- **Set up a school-home corner**

Let children pack their bags, tidy their school space, or check their timetables. Every small task handled on their own grows confidence and self-worth.

JULY REFLECTION FOR PARENTS

Be present, not perfect.

Children don't need flawless parents—they need present ones. Be the steady voice when the morning is rushed, the soft landing after a tough day, and the mirror that reflects their best self.

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SHARE YOUR STORY WITH US

We invite you to be a part of our school community's journey. Share your "Back to School" photo, story, or tip at ansh.newsletter@anandniketan.edu.in. Your experience could light the way for another family.

As we step into this academic year, let's promise ourselves this: to grow not just grades, but gratitude; not just timetables, but togetherness.

Here's to new beginnings—and the beautiful bonds that help them thrive.

Answer to June's Riddle:

"I'm always in front of you but can never be seen."

Answer: The Future

A Big Round of Applause to Our June Riddle Stars

Congratulations to our brilliant and enthusiastic parent participants who submitted the correct answers:

- *Dr. Shivani Kinarivala – Parent of Bansari Shah (Grade 1 – Durlabh)*
- *Rachana Anandjiwala – Parent of Pal Anandjiwala (Grade 4 – Durlabh)*
- *Disha Dhruva – Parent of Nitya Dhruva (Grade 2–Ekaya)*
- *Priya Golecha – Parent of Yug Golecha (Grade 4 – Chirayu) & Ved Golecha (K2 – Fahmida)*

We truly appreciate your curiosity, involvement, and the joyful learning environment you help create at home. Your continued participation strengthens the bond between home and school—and keeps the fun alive!

PUZZLE OF THE MONTH – JULY EDITION

The school year may be underway, but it's always the right time to stretch those thinking muscles! Ready to give your brain a little workout?

 **Riddle Me This: "What comes once in a minute, twice in a moment, but never in a thousand years?"**

Email your answer to ansh.newsletter@anandniketan.edu.in for a chance to be featured as our Riddle Star in the next edition!

WE VALUE YOUR VOICE!

Do you have feedback, ideas, or stories to share? We'd love to hear from you!

Write to us at ansh.newsletter@anandniketan.edu.in and help us continue building a vibrant and connected school community.

Warm regards,

Team Anand Niketan Shilaj Campus

MONTHLY NEWSLETTER

EDITION 7 (JULY 2025)

✦ JULY JAMBOREE: FUN & ENGAGEMENT CORNER

The school bell has rung, the classrooms are buzzing, and the adventure of learning has begun again! As we embrace the new academic year, let's keep our minds sharp and hearts happy with a joyful mix of puzzles, riddles, and challenges.

✦ RIDDLE ME THIS – JULY EDITION!

(CHECK THE BOTTOM OF THE PAGE FOR ANSWERS!)

Think you've got a sharp mind? See if you can unravel these twisted riddles.

I vanish the moment you say my name. What am I?

The more of me you take, the more you leave behind. What am I?

I can fill a room, yet I take up no space. I have power to lift moods, but cannot be touched. What am I?

Without fingers, I point. Without legs, I run. I help you learn but I'm never heard. What am I?

✉ Think you've solved them? Email your answers to ansh.newsletter@anandniketan.edu.in for a chance to become our Riddle Star of the Month!

abcd WORD WHIZZ – JULY JUMBLE!

Unscramble these school-life words:

TRESILEIN → _____

MTOTIPISIC → _____

BLEHUM → _____

RARCULICU → _____

OIIPNTSRAIN → _____

JOKE OF THE MONTH

Student: Why did the pencil stay home from school?

Teacher: why?

Student: Because it was feeling a little pointless!

🎨 **Creative Challenge!** Choose any one of these words and draw or describe what it means to you in one sentence.

✉ Send it to: ansh.newsletter@anandniketan.edu.in and stand a chance to be featured next month!

📖 DID YOU KNOW?

July was named after Julius Caesar, and just like the great leader, this month reminds us of courage, leadership, and fresh starts. A perfect match for the beginning of new goals and great stories!

🚩 6-WORD SCHOOL YEAR GOAL

Share your goal for this academic year in just 6 words! Here's one to get you started:

"Listen more, try harder, grow stronger."

RIDDLE ANSWERS:

1. Silence
2. Footsteps
3. Light
4. Clock

JUMBLER WORD SOLUTIONS:

1. RESILIENT
2. OPTIMISTIC
3. HUMBLE
4. CURRICULA
5. INSPIRATION



ANAND NIKETAN
SHILAJ CAMPUS

STAY CONNECTED: FOLLOW US ON SOCIAL MEDIA!

Join us on social media to stay updated on school events, news, and achievements:

ANAND NIKETAN SHILAJ CAMPUS



FACEBOOK



INSTAGRAM



YOUTUBE



WEBSITE



X

Don't forget to like, share, and comment to spread positivity and joy in our vibrant school community!