



MONTHLY NEWSLETTER

EDITION 8 (AUGUST 2025)

EDITORIAL TEAM: Garima Singh, Shivang Naik, Hemanya Dave (9-E), Reva Mamtora (9-E)

FOUNDER'S MESSAGE

Cultivating Strength Through Values

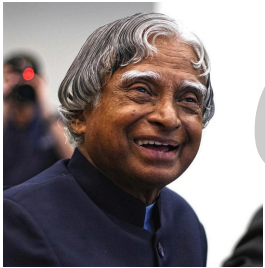
Dear Anand Niketan Shilaj Family,

As we step into August, a month marked by independence and reflection, let us reaffirm our commitment to nurturing responsible, grounded, and joyful learners. At Anand Niketan, our philosophy centres on "Education through Values." We believe every student holds within them the potential to lead—not just with knowledge, but with empathy, resilience, and purpose.

This month, as classrooms buzz with inquiry, creativity, and collaboration, may we continue to create an environment where students are not just taught, but truly inspired. Let every action we take as educators, parents, and mentors help shape strong roots and courageous hearts.

-Shri Kamal Mangal

Founder, Anand Niketan Group Of Schools



"Excellence happens not by accident. It is a process."

-Dr. A.P.J. Abdul Kalam

DIRECTOR'S MESSAGE

Empowering Students to Lead with Purpose

Dear Parents and Students,

At Anand Niketan Shilaj, we don't just nurture learners—we nurture leaders. As the academic year progresses, it fills me with pride to see how beautifully our students have embraced their roles, especially with the formation of the Student Council.

Student agency is at the heart of our philosophy. When students are given trust and voice, they not only engage more deeply, but also lead with clarity, compassion, and creativity. The newly formed Student Council is a shining example—where leadership is not about authority, but about responsibility, empathy, and vision.

This August, as initiatives begin to unfold across classrooms and corridors, we celebrate every student who takes initiative—whether it's leading a team, presenting an idea, helping a peer, or questioning with curiosity. These are the everyday actions that shape confident, capable individuals ready to impact the world.

Together, let's continue creating a space where student voice is heard, effort is valued, and every student grows with the belief: "I can make a difference."

-Ms. Lamiya Shums

Director, Anand Niketan Shilaj Campus

PRINCIPAL'S MESSAGE

Inspiring Futures, One Step at a Time

Dear Parents and Guardians,

August is a time of momentum—a month when the routines settle and the real magic of teaching and learning begins to unfold. It's a joy to see our students diving into academics, sports, stem, leadership initiatives, and community projects with such dedication and excitement.

At Anand Niketan Shilaj, we strive to provide an ecosystem where excellence and happiness walk hand in hand. Whether it's a science experiment, a class discussion, or a cultural celebration, every moment becomes an opportunity to ignite curiosity and character.

Let us keep walking together—as a school, as families, and as a learning community—towards a future that is bold, compassionate, and full of promise.

- Ms. Tanu Mangla

Principal, Anand Niketan Shilaj Campus



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CAMPUS CHRONICLES: HIGHLIGHTS OF JULY

EARLY YEARS SPOTLIGHT

NURSERY EXPLORERS IN ACTION – JOYFUL LEARNING THROUGH PLAY



July was a vibrant month for our Nursery learners at Anand Niketan Joeys, filled with exploration, creativity, and meaningful engagement. Across **Akshaya, Bindu, Chirayu, and Durlabh** classes, students participated in hands-on activities that nurtured foundational skills and sparked joyful discovery.

In **Nursery Akshaya**, students dived into a variety of playful learning experiences. From Rainbow Dabbing, where they explored colour recognition through a fun art and craft activity, to their KidFit parachute session, where they collaborated joyfully under a fluttering canopy—every moment was filled with movement, laughter, and learning. Their puzzle-solving time honed concentration and logical thinking, while unstructured play offered space for imagination, peer interaction, and self-expression.



Nursery Bindu learners built fine motor precision through playful, purposeful tasks. The bilateral cup stacking activity enhanced coordination as they used both hands with focus and balance. The pom-pom tongs activity encouraged grip strength and concentration—transforming simple materials into rich learning tools that made skill-building fun and interactive.

Nursery Chirayu students engaged in Brain Gym with enthusiasm, stacking colourful cups with attention and care. This activity not only supported bilateral coordination and focus but also brought excitement into their daily routine, reinforcing learning through movement and repetition.



In **Nursery Durlabh**, students embraced creativity and physical development alike. Their clay smiley activity allowed for self-expression and fine motor refinement, while the hopscotch session added rhythm and balance to their day through joyful, energetic play. Their unstructured playtime encouraged exploration and connection, fostering independence and social bonding.

Together, these engaging moments formed the heartbeat of our early years programme—where every activity, from puzzles to parachutes, becomes a meaningful step in a student’s learning journey. At Anand Niketan Joeys, we celebrate these small victories that build big foundations.



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K1 EXPLORERS – LEARNING THROUGH WONDER AND PLAY!

At Anand Niketan Joeys, our **K1 learners** continue their journey of joyful discovery—merging curiosity with creativity, and skills with smiles.

In **K1 Akshaya**, students tapped into the magic of language as they joyfully blended two sounds to form two-letter words—an exciting step in early literacy. Their bodies were the next classroom, as they learned to name and point to their upper body parts through an energetic movement activity. Adding to the fun, the students also enjoyed time on the jungle gym, developing strength, coordination, and confidence through active play.

Meanwhile, **K1 Bindu** learners delved into understanding the human body by arranging cut-outs of body parts—making learning visual and hands-on. They also engaged in an expressive session on emotions, where they responded to different situations using flashcards, name cards, and emotional symbols, gaining insight into feelings and self-awareness. They further demonstrated their grasp of positional words by correctly placing and naming objects—laying a strong foundation for spatial awareness.

Over in **K1 Chirayu**, emotions took form through art, as students sketched objects that reflect how they feel—combining emotional literacy with artistic expression. Their creativity came to life in a hands-on clay activity, where they shaped water bottles using wet clay, enhancing their fine motor skills and imaginative thinking.



In the world of early science, students from all **K1 classes** became curious chemists. They investigated solubility by observing which substances—like sugar, sand, and oil—dissolved in water and which did not. **K1 Chirayu** and **Durlabh** took this curiosity further in a fascinating colour-changing experiment, where they mixed turmeric and washing powder and watched the transformation unfold—sparking wonder and scientific thinking. Our energetic learners from **K1 Ekaya** had an exciting time as they dragged and rolled balls in a zig-zag pattern, strengthening their gross motor skills, focus, and spatial awareness. This playful activity not only enhanced their physical coordination but also encouraged balance, control, and perseverance—essential skills for early development.

Together, these experiences remind us that learning happens in every corner of the classroom and beyond—from words spoken and emotions felt, to objects observed and concepts explored. In K1, every day is an invitation to discover, express, and grow—mindfully, joyfully, and together.



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K2 CURIOSITY CORNER – EMOTIONS, EXPERIMENTS & EXPRESSIONS!

At Anand Niketan Joeys, our **K2 learners** continue to blossom through experiences that blend emotions, imagination, literacy, numeracy, and discovery. This month was filled with joyful moments of exploration—where every student expressed, created, and learned in meaningful ways.

In **K2 Akshaya**, students explored the world of feelings through an engaging emotion activity, where they identified various emotions and expressed them through gestures. Their natural, confident expressions reflected growing emotional awareness and empathy.

Over in **K2 Bindu**, students participated in an art and craft activity titled **My Feelings**. Each student selected and pasted emotions in their drawing books and confidently labelled them. This thoughtful activity not only encouraged creativity but also nurtured self-expression and emotional understanding.

K2 Chirayu turned maths into a playful adventure with a hands-on addition board game. Using pebbles and tunnels, students added quantities on both sides and excitedly shared their answers. The activity brought numbers to life and built foundational numeracy with fun and logic.



In **K2 Durlabh**, stories sparked imagination during a read-aloud session. After listening to a story about balloons, students illustrated key moments from the tale in sequential order. Their expressive drawings reflected not just comprehension, but also the ability to visualise and retell stories in their own words.

K2 Ekaya learners were amazed by the Coin Inertia experiment, where a coin dropped directly into a glass after flicking a card. Through this exciting hands-on demonstration, students understood the science behind inertia—learning through curiosity, observation, and joy.

In **K2 Fahmida**, language learning was energised through a Vyanjan identification activity. Students enthusiastically matched vyanjans with related pictures and vice versa. Their growing confidence in recognising sounds and associating them with visuals laid a strong foundation for early reading and phonetic skills.

Together, these rich and varied experiences are shaping our young learners into confident thinkers, empathetic communicators, and joyful explorers. Each classroom, each moment, and each activity adds a new colour to the vibrant canvas of learning at K2.



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NEIGHBOURHOOD DETECTIVES!

Our curious **Grade 1** learners became neighbourhood explorers during an interactive activity where they held placards of key community locations like hospitals, parks, and libraries. Through role-play, they stepped forward in response to different scenarios—learning who helps where and why. This fun session boosted their understanding of community roles, teamwork, and problem-solving.

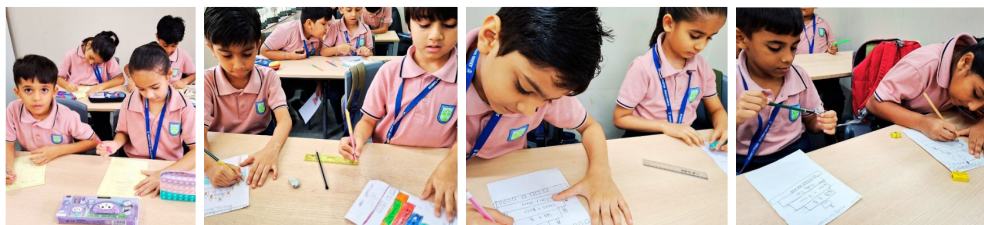


HANDS-ON MATH IN ACTION!

Grade 1 students explored early measurement concepts using real-life objects like bottles, books, and cardboard. They compared weight, size, and thickness through sensory learning and teamwork, building spatial awareness and vocabulary in a playful, engaging environment.



explored expanded forms and even tackled the concept of zero, building strong foundational numeracy skills.



NOUN HUNT ADVENTURE



In an engaging “Noun Hunt” activity, **Grade 1** students searched for placards representing people, places, animals, and things. This hands-on experience helped solidify their grasp of naming words while promoting observation skills, teamwork, and verbal expression.

BRIGHT SMILES & BRIGHTER WORK!



Grade 1 learners showcased their creative homefun projects. From healthy food charts to plant care diaries and colourful artwork, each effort reflected joy, curiosity, and active parental involvement—a wonderful beginning to the term!

DIGIT DISCOVERY TENS AND ONES

Our **Grade 2** mathematicians delved into place value through an interactive lesson on tens and ones. Using pictorial and concrete representations, they

PUPPET SHOW FUN!

As part of their EVS lesson, **Grade 2** students created puppets of their family members and performed mini skits reflecting real-life scenarios like dining together or offering help. This creative activity enhanced communication skills, emotional intelligence, and fine motor coordination.





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Empowering Digital Learners: Launch of the BYOD Initiative at ANSh

At Anand Niketan Shilaj Campus, we believe in nurturing future-ready learners who are confident, responsible, and digitally literate. In alignment with this vision, the school has introduced the **Bring Your Own Device (BYOD)** initiative for students of Grades 3, 4, and 5, beginning from the Academic Year 2025–2026.

This forward-thinking step marks a significant milestone in integrating purposeful technology into everyday learning. The BYOD policy encourages students to bring their own internet-enabled devices to school twice a week, as scheduled, to participate in carefully planned digital learning experiences under teacher supervision. This model not only ensures continuity in learning but also fosters self-discipline, critical thinking, and technological fluency among young learners.



To ensure a smooth and safe transition, the school conducted a **Parent Orientation and eSafety Workshop**, focusing on guiding parents in setting up robust parental controls, monitoring screen time, and establishing responsible online behaviour at home. With overwhelmingly positive feedback from over 80% of participating parents/guardians, it was clear that our parent community is aligned with the school's belief that technology should not be avoided but rather taught the right way.

Students, on their part, are being oriented to the **Acceptable Use Policy (AUP)** and digital citizenship values through class sessions, interactive discussions, and guided demonstrations. From locker storage protocols to clear classroom expectations, every effort is being made to ensure device safety and responsible use on campus.

The BYOD initiative is more than a technology policy—it is a shared commitment between the school and parents/guardians to prepare students for a digitally empowered future. By blending innovation with ethics, and curiosity with caution, ANSh continues its journey of creating learners who not only adapt to the digital age but thrive in it.



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A STRONG START – FIRST PTM WITH SAUMYADEEP FAMILIES



The first Parent-Teacher Meeting of the academic year marked a meaningful beginning for our Saumyadeep learners—Nursery, K1, and K2—at Anand Niketan Joeys.

It was a day of thoughtful conversations, shared aspirations, and a true partnership between home and school. Parents and educators connected to reflect on the Student's initial experiences, celebrate early progress, and align goals for the months ahead.

This collaboration lays a strong foundation for a nurturing and impactful learning journey—where joy, curiosity, and growth go hand in hand. Together, we embark on a year of meaningful learning, guided by care, connection, and purpose.

BEGINNING WITH PURPOSE – GRADE 1-4 PTM

Laying the Foundations for a Meaningful Year

The first Parent-Teacher Meeting (PTM) of the academic year 2025–26 for Grades 1 to 4 was held on Saturday, 19th July 2025 at Anand Niketan Shilaj, marking a vital milestone in strengthening the bridge between home and school.

Focused on understanding each student's unique learning journey, the PTM provided an opportunity for meaningful conversations around classroom engagement, emotional well-being, and social development. Teachers shared early insights and classroom anecdotes, offering parents a window into how their student is adapting, participating, and thriving in the school environment.

These interactions laid the groundwork for a collaborative approach to nurturing independence, curiosity, and confidence. Together, parents and educators explored the next steps to support foundational skill-building and cultivate a growth mindset.

At Anand Niketan Shilaj, we believe that the beginning of the year sets the tone for everything that follows. Through clarity, care, and collaboration, we ensure that every learner feels supported, empowered, and celebrated—right from the start.





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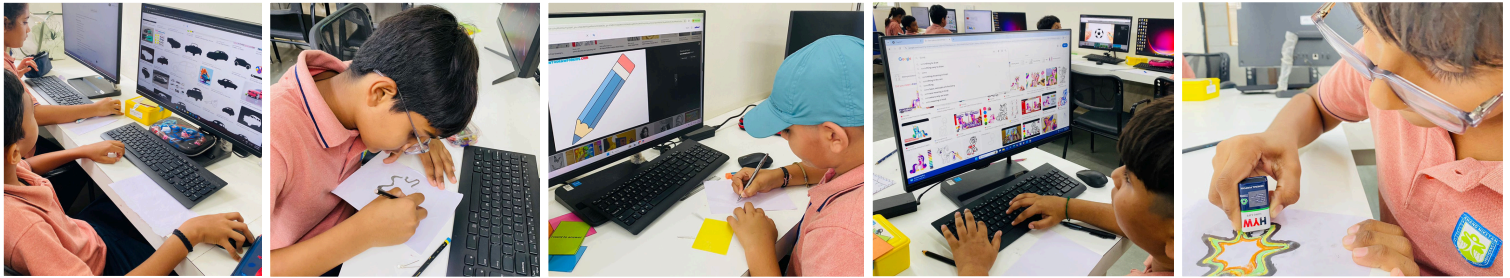
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LIGHTING UP LEARNING WITH DESIGN THINKING!

Innovation Meets Empathy

Students of Grade 7 and 8 at Anand Niketan Shilaj explored the fascinating world of circuits through a creative Design Thinking project—personalised light-up greeting cards using graphite as a conductor.

Guided by empathy, each student crafted meaningful messages, incorporating personal touches into their designs. They then applied their understanding of open and closed circuits to construct paper circuits using LED lights, batteries, and graphite paths.



This hands-on activity blended creativity, technology, and real-world problem-solving, aligning beautifully with:

- SDG 4: Quality Education
- SDG 9: Industry, Innovation, and Infrastructure

By designing with purpose and building with care, our learners didn't just light up their cards—they illuminated their thinking and innovation skills.

NWR CREATIVE WRITING ZONALS – A CELEBRATION OF YOUNG VOICES!

Anand Niketan Shilaj proudly hosted the NWR Creative Writing Zonals Competition on 12th July 2025, welcoming talented participants from various ICSE schools across the region.

The event was a vibrant celebration of expression, imagination, and the written word. Budding writers showcased their creativity and originality across genres, themes, and formats—each piece reflecting deep thought and a unique voice.



The competition provided a powerful platform for students to articulate their ideas and perspectives while engaging with fellow writers from diverse backgrounds. As host school, we were honoured to facilitate this enriching literary exchange, fostering not just writing skills but also confidence and collaboration.

Events like these reinforce our belief that language has the power to connect, inspire, and transform—and we are proud to support platforms that elevate student expression.



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A VISIT TO VISAMO VRUDDHASHRAM – A LESSON IN EMPATHY AND HUMANITY!

As part of our continued efforts to foster empathy and real-world awareness, students of Grades IX and XI from Anand Niketan Shilaj visited Visamo Vruddhashram in Vadaj—an old age home dedicated to caring for elderly individuals with physical disabilities.

The ashram, with its modest yet warm setup, provides a safe and nurturing environment entirely free of charge. Each room is shared by two to four residents, and the care provided is rooted in compassion and dignity.

During the visit, our students interacted with the elderly residents, many of whom shared stories and life experiences that deeply moved them. The heartfelt conversations left a lasting impression on our learners, offering lessons far beyond textbooks.



To show our care, the school also offered snacks to the residents. In a touching gesture, the Trustee of Visamo Vruddhashram addressed our students, imparting powerful life lessons that resonated deeply with the young minds. As a token of appreciation, the ashram presented a memento to the school, symbolising the bond of respect and kindness formed during this meaningful visit.

This experience was not just a visit—it was a reminder of the values we strive to nurture in our students: compassion, gratitude, and social responsibility.

Roaring with Purpose **Celebrating International Tiger Day 2025 at ANSh**

On 29th July 2025, the Auditorium of Anand Niketan Shilaj echoed with growls, curiosity, and conviction as students from Grades 1 to 8 came together to honour International Tiger Day, under the global theme **“Harmonious Co-existence Between Humans and Tigers.”**

This integrated school-wide event, meticulously curated by the faculty, was a dynamic blend of storytelling, costumes, quizzes, poetry, and debates—aimed at nurturing awareness, empathy, and environmental responsibility among learners. The initiative not only supported SDG 15 (Life on Land) but also explored links with biodiversity, culture, and conservation.





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Exploration and Expression – Grades 1 & 2: The youngest learners embarked on a journey into the wild through a vibrant story titled “Who is the Royal Bengal Tiger?” Animated growls from costumed tigers set the tone for an engaging session, followed by a lively recitation of “Tiger, Tiger, Burning Bright.” Student explored simple vocabulary like “forest” and “stripes,” watched animated conservation videos, and left with a colourful “Save the Tiger” take-home sheet—carrying home both a memory and a message.

Curiosity and Connection – Grades 3 & 4: The middle primary grades dived deeper, exploring the difference between the Royal Bengal and White Tiger. Students dressed as tigers merged into a simulated mangrove habitat, enhancing the realism of the learning experience. A short film on the Sunderbans ecosystem sparked curiosity, followed by a fun vocabulary quiz that tested their new knowledge. The Poetry Corner added creative expression to the session and a renewed sense of wonder for wildlife.

Learning and Logic – Grades 5 & 6: With growing cognitive abilities, students in these grades engaged in meaningful discussions on biodiversity, extinction, and conservation. Introduced to the UNESCO-recognised Sunderbans and the Sustainable Development Goals, they tackled a 10-question quiz with zeal and played vocabulary-based games that sharpened their ecological understanding.

Awareness and Action – Grades 7 & 8: The senior students showcased powerful poster presentations, analysed historical connections like Tipu Sultan’s tiger toy and Shivaji’s wagh nakh, and participated in a compelling debate on human intrusion into tiger habitats. A story clip triggered thoughtful dialogue, while the map-based activity helped students explore the global presence of tigers. The session culminated in a heartfelt open mic, where students voiced their personal reflections and calls for conservation.

Beyond the Stage: The event was brought to life with a stunning jungle stage backdrop, themed costume entries, and curated displays in Lakshyadeep and Pragyadeep showcasing student posters, SDG highlights, and conservation quotes.

A Day to Remember: More than a school event, International Tiger Day 2025 at ANSh was a living example of integrated learning in action—where art, science, literature, and civic values intersected to create lasting impact. Students didn’t just learn about tigers—they learned what it means to be responsible global citizens who value life in all its forms. Let the roar of awareness echo far beyond our campus, inspiring action, advocacy, and a shared future where tigers and humans thrive in harmony.

Strengthening Educational Ties: ANSh at the CISCE AGM in Ajmer

As part of our continued commitment to academic excellence and curriculum enrichment, one of our educators represented Anand Niketan Shilaj at the Annual General Body Meeting (AGM) held at Mayo College Girls School, Ajmer, on the 2nd and 3rd of July 2025.

This prestigious gathering brought together educators from across the country and featured insightful workshops focused on the ISC and ICSE curriculum. A key highlight was the visionary address by Dr. Joseph Emmanuel, Chief Executive & Secretary of CISCE, outlining the future direction of the Board.

It was a wonderful learning experience, offering valuable insights, collaborative dialogue, and renewed inspiration—reinforcing our commitment to staying at the forefront of educational excellence and innovation.





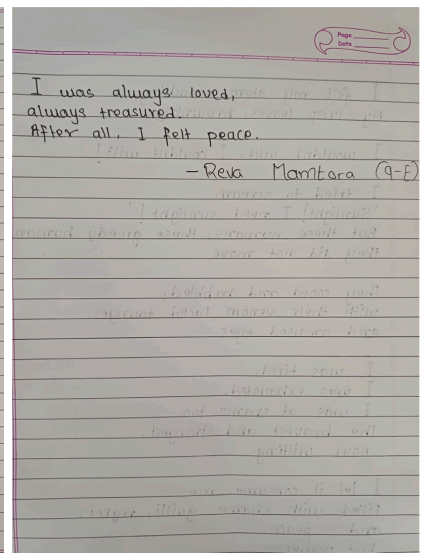
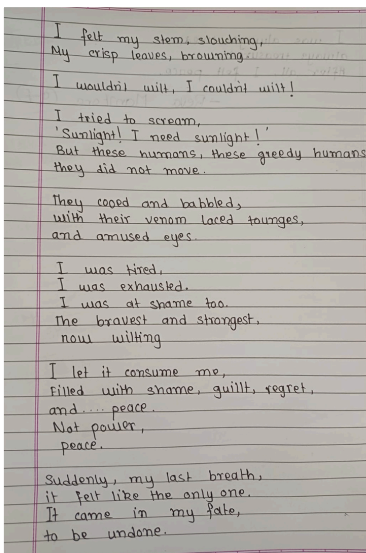
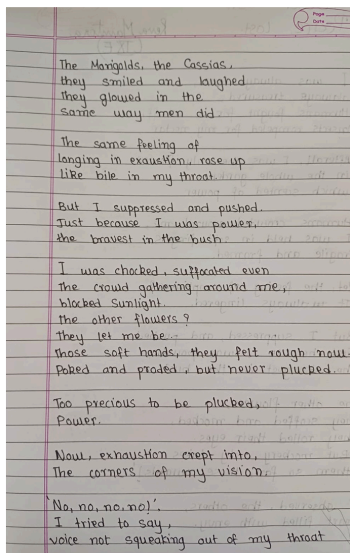
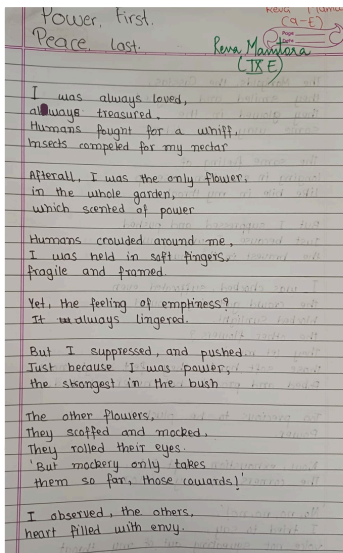
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REFLECTIONS IN VERSE: A SELF-COMPOSED POEM

We are proud to feature a self-composed poem by Reva Mamtara of Grade 9 E, whose words beautifully reflect creativity, depth, and emotional insight. Reva is not only a talented poet but also serves as the Editor of our School Magazine, leading with dedication and a keen eye for storytelling.

Her contribution is a shining example of student voice at its finest, and we look forward to many more literary gems from her.



ANSh Pritibhoj – A Taste of ANSh at Home

Akkha Masoor Dal

(Slow-cooked akkha masoor dal) - (Serves 6)

- Akkha masoor dal – 2 cups
- Water – enough to boil the dal
- Salt – as per taste
- Haldi – ½ tsp for boiling, ½ tsp for tempering
- Tomatoes – 2 medium, crushed and pureed
- Oil or ghee – 2 tbsp
- Jeera – 1 tsp
- Tej patta – 1
- Whole red chillies – 2 (or dry red chilli powder – 1 tsp)
- Dhaniya powder – 2 tsp
- Organic kitchen king masala – 1 tsp
- Salt – to taste
- Fresh coriander leaves – finely chopped

Let's make it :

- Wash and soak akkha masoor dal for 4 hours
 - Boil the soaked dal with enough water, salt, and ½ tsp haldi
 - Cook till dal is soft and well done
 - Crush the tomatoes and make a smooth puree. Set aside
 - Heat oil or ghee in a heavy bottom pan
 - Add jeera and let it crackle
 - Add tej patta and whole red chillies or chilli powder
 - Add haldi, dhaniya powder, and organic kitchen king masala
 - Let flavours combine
 - Add the fresh tomato puree and cook on medium flame for about 10–15 minutes or till mixture thickens
 - Now add the boiled akkha masoor dal to this tomato masala
 - Add salt
 - Let the dal simmer on low flame for 45 minutes to 1 hour
 - Stir occasionally and let the dal soak in the flavours
 - Turn off the gas
 - Garnish with freshly chopped coriander leaves
- Relish a warm bowl or pair it with pipping hot jeera rice some fresh green salad and a dollop of ghee if desired.

Give it a Try at Home!

We'd love for you to recreate this dish with your family and share the joy it brings to your table. Send us your photos or a short note about your experience at ansh.newsletter@anandniketan.edu.in – and be part of the delicious memories we're creating together!



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STUDENT ACHIEVEMENTS: SPOTLIGHT ON EXCELLENCE

STUDENT COUNCIL 2025–26: STEPPING INTO LEADERSHIP WITH PURPOSE

At Anand Niketan Shilaj, we believe that every student has the potential to lead—and when that potential is nurtured with trust, opportunity, and responsibility, true leadership is born.

After a rigorous and inspiring Student Council Selection Process in June, which included nominations, interviews, peer voting, and final approval by the Senior Leadership Team, the Student Council for AY 2025–26 have officially taken charge.



STUDENT COUNCIL (HEAD PREFECT/ DEPUTY HEAD PREFECT)

SR NO.	BOYS	GRADE	
1.	Tathya Brahmbhatt	VI E	Head Prefect
2.	Vansh Ritesh Ahir	VI E	Deputy Head Prefect
SR. NO.	GIRLS	GRADE	
1.	Jenika Tusharkumar Patel	VI D	Head Prefect
2.	Hrisha Parikh	V D	Deputy Head Prefect

HOUSE REPRESENTATIVES - AGNI HOUSE

SR NO.	NAME	GRADE	
1.	Divyal Sheth	VI E	House Prefect
2.	Dhairya Kothari	IV D	House Prefect

HOUSE REPRESENTATIVES - JAL HOUSE

SR NO.	NAME	GRADE	
1.	Shaurya Saigal	VI A	House Prefect
2.	Pahal Sachin Patel	IV F	House Prefect



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HOUSE REPRESENTATIVES PRITHVI HOUSE

SR NO.	NAME	GRADE	
1.	Virajsinh Parmar	VI D	House Prefect
2.	Anshika Nair	IV F	House Prefect

WELLBEING DELEGATE

SR NO.	NAME	GRADE
1.	Ahaan Prajapati	VI D
2.	Kailash Gole	IV D
3.	Parini Meel	V C

SUSTAINABILITY DELEGATE

SR NO.	NAME	GRADE
1.	Jinay Paras Shah	IV E
2.	Ahana Singh	V B
3.	Jeevika Arora	VI E

STEM & AI DELEGATE

SR NO.	NAME	GRADE
1.	Ruhi Patel	IV D
2.	Hrihaan Sheth	V E
3.	Kavish Patel	VI D

HOUSE REPRESENTATIVES VAYU HOUSE

SR NO.	NAME	GRADE	
1.	Riaan Gandhi	V F	House Prefect
2.	Khwaish Risit Shah	VI B	House Prefect

SPORTS DELEGATE

SR NO.	NAME	GRADE
1.	Divit Gangwani	IV E
2.	Aarav D. Shah	VD
3.	Demiraa Shah	VI F

ECO CHAMPION

SR NO.	NAME	GRADE
1.	Sanchi Modi	1F
2.	Agrima Vakhariya	1E
3.	Ayaan Joshi	2D
4.	Myra Shah	2D
5.	Paraa Mysorewala	3D
6.	Mahir Shah	3B



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SAFETY CHAMPION			WELL BEING CHAMPION		
SR NO.	NAME	GRADE	SR NO.	NAME	GRADE
1.	Arya Dave	1D	1.	Ananya Panchmatiya	1D
2.	Mysha Motwani	1F	2.	Yuvraj Shrimal	1F
3.	Adityasinh Rathod	2E	3.	Devansh Damniwala	2E
4.	Tanishka Patel	2F	4.	Prisha Mehta	2F
5.	Reva Patel	3C	5.	Yaj Shah	3C
6.	Vanshika Doshi	3F	6.	Hanvika Jani	3F

On 1st July 2025, the Investiture Ceremony marked the beginning of this leadership journey, as our Presidents, Head Prefects, House Leaders, Ambassadors, Delegates, were formally inducted. Badges were pinned with pride, oaths were taken with determination, and a new chapter of student voice and vision began.

STUDENT COUNCIL (PRESIDENT / VICE PRESIDENT)

SR NO.	NAME	GRADE	
1.	SHREY JASANI	11B	President
2.	DIVYANSHI JAIN	11B	President
3.	RIDDHIMAN JAIN	11A	Vice President
4.	PREKSHA DOSHI	11B	Vice President

HOUSE REPRESENTATIVES AGNI HOUSE

SR NO.	NAME	GRADE	
1.	Aarya Chaudhary	11A	Captian
2.	Veer Patel	9D	Vice Captian

HOUSE REPRESENTATIVES JAL HOUSE

SR NO.	NAME	GRADE	
1.	Vallabhi Soni	11C	Captian
2.	Rishit Varandani	11C	Vice Captian



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HOUSE REPRESENTATIVES VAYU HOUSE

SR NO.	NAME	GRADE	
1.	Rishaan Jani	9C	Captian
2.	Paavi Maloo	8C	Vice Captian

TREASURER/SECRETARY

SR NO.	NAME	GRADE	
1.	Rudrasingh Tomar	7E	Secretary
2.	Rutam Dave	11A	Treasurer

MEDIA & COMMUNICATION AMBASSADOR

SR NO.	NAME	GRADE
1.	Namasya Ganatra	11A
2.	Saranshi Patel	9C
3.	Devansh Udavani	8C
4.	Deetya Panchal	7D

SDG & ECO AMBASSADOR

SR NO.	NAME	GRADE
1.	Srishti Jha	11C
2.	Veer Chandaria	9B
3.	Yug Agrawal	8E
4.	Avi Patel	7D

HOUSE REPRESENTATIVES VAYU HOUSE

SR NO.	NAME	GRADE	
1.	Palash Patel	9A	Captian
2.	Jeneel Shah	9B	Vice Captian

EVENT AMBASSADOR

SR NO.	NAME	GRADE
1.	Sadhna Jain	11A
2.	Dheer Chhajed	9B
3.	Adhiraj Nair	8D
4.	Priyanshi Gupta	7D

STEM & AI AMBASSADOR

SR NO.	NAME	GRADE
1.	Devishi Amit Shah	11C
2.	Shreyansh Jain	9C
3.	Princess Patel	8A
4.	Jalashri Adeshara	7D



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CULTURAL AMBASSADOR

SR NO.	NAME	GRADE
1.	Vihaan Raisurana	11A
2.	Om Bhatt	9A
3.	Aanya Gajera	8B
4.	Bhavya Bajaj	7E

SPORTS AMBASSADOR

SR NO.	NAME	GRADE
1.	Aangi Bhansali	11B
2.	Kashyap Patel	9A
3.	Aanya Patel	8D
4.	Darsh Kataria	7E

WELLBEING AMBASSADOR

SR NO.	NAME	GRADE
1.	Tanisha Daftari	11B
2.	Dhyana Vyas	9C
3.	Mohnish Chandorkar	8E
4.	Vishwa Patel	7D

Each of these young leaders represents more than a title—they embody our school's values of empathy, responsibility, and action. From initiating green campaigns and promoting wellness to leading school events and supporting peers, they are ready to make a meaningful impact.

We are proud to present the official list of Student Council Members for this academic year in this edition. As they step into their roles, we look forward to a year of collaboration, creativity, and community-building.

Together, let's support and celebrate our student leaders as they lead with heart, purpose, and the Anand Niketan spirit.

CELEBRATING EXCELLENCE: INTERSCHOOL COMPETITION WINNERS

Last month, we proudly shared the enthusiastic participation of our students in the Interschool Competitions, where creativity, expression, and collaboration took centre stage. This month, we are elated to share the outstanding achievements of our students who have emerged as winners across various categories—bringing laurels to Anand Niketan Shilaj and setting a shining example of dedication and talent.

From poetry recitations and declamations that moved hearts, to vibrant paintings and rangolis inspired by peace and sustainability, our students expressed themselves with confidence, clarity, and compassion. Their efforts in debates, music, dance, and Sanskrit chanting reflected not only skill, but deep-rooted values and preparation.

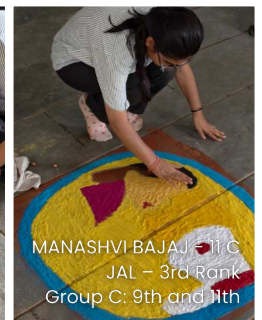
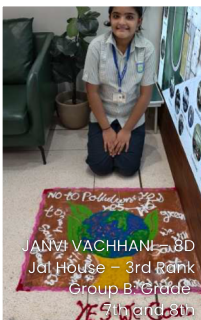
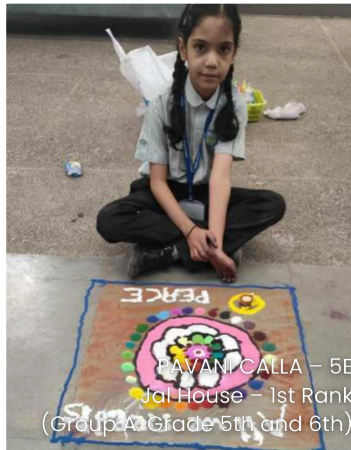
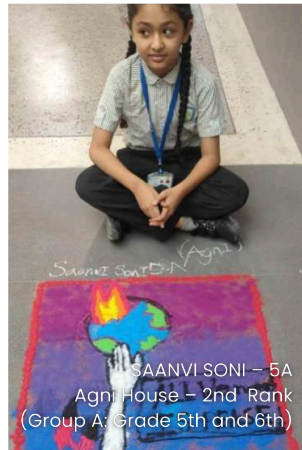
These victories are a testament to the students' hard work, the guidance of their mentors, and the support of the entire school community.



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RANGOLI



POEM RECITATION

SR NO.	NAME	GRADE	HOUSE	RANK
1.	FREYA DOSHI	9C	JAL	1 ST
2.	KASHVI RAVAL	9E	AGNI	2 ND
3.	TAKSH SHAH	9A	PRITHVI	3 RD
4.	AANYA KOTHARI	7D	AGNI	1 ST
5.	NIRVAAN PARASHAR	7A	VAYU	2 ND
6.	ZAHRA RUSHNAIWALA	8D	PRITHVI	3 RD
7.	PRANSHI PANCHAL	6D	PRITHVI	1 ST



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8.	TRISHITAA BANGA	6E	JAL	2 ND
9.	VIYONA KANKARIYA	5E	AGNI	3 RD

DECLAMATION

SR NO.	NAME	GRADE	HOUSE	RANK
1.	ABHIMANYU SINGH	9C	VAYU	1 ST
2.	AARYA SHARMA	9B	AGNI	2 ND
3.	VALLABHI SONI	11C	JAL	3 RD
4.	PAAVI MALOO	8C	VAYU	1 ST
5.	DEETYA PANCHAL	7D	AGNI	2 ND
6.	JALASHRI ADESHARA	7D	PRITHVI	3 RD
7.	VIRAJ SINH PARMAR	6D	PRITHVI	1 ST
8.	MAKSHARTH OZA	6A	VAYU	2 ND
9.	AHANA SINGH	5B	JAL	3 RD

SHLOKA CHANTING

SR NO.	NAME	GRADE	HOUSE	RANK
1.	MISHTY KOTHARI	9B	JAL	1 ST
2.	YASHICA THAKKAR	9A	AGNI	2 ND
3.	SHRIYA KARIA	9B	VAYU	3 RD
4.	DHVEEJ GANDHI	8A	JAL	1 ST
5.	TASHVI VASA	7D	VAYU	2 ND
6.	DISHITA PRAJAPATI	8A	VAYU	3 RD



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7.	YASHOVARDHAN SINGH	5D	AGNI	1 ST
8.	MRUDUL UNADKAT	6D	VAYU	2 ND
9.	LAXMAN AGARWAL	6B	JAL	3 RD

CREATIVE WRITING

SR NO.	NAME	GRADE	HOUSE	RANK
1.	SAMAYRA MUNSHI	9E	VAYU	1 ST
2.	AKSHITA TURAGA	11A	AGNI	2 ND
3.	HIYA SHAH	9D	VAYU	3 RD
4.	YASHVARDHAN BHAVSAR	8E	JAL	1 ST
5.	VIHAAN MATHUR	8C	PRITHVI	2 ND
6.	NAYSHA JAGWANI	7D	VAYU	3 RD
7.	KAVISH PATEL	6D	JAL	1 ST
8.	SATYA SHAH	6E	AGNI	2 ND
9.	RAAHI PATEL	5E	VAYU	3 RD

HAND WRITING

SR NO.	NAME	GRADE	HOUSE	RANK
1.	DEVARSHI PATEL	9A	JAL	1 ST
2.	AANYA SHAH	9C	VAYU	2 ND



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3.	DEVANSH AGARWAL	9A	JAL	3 RD
4.	DIYA PARIKH	7B	JAL	1 ST
5.	CHELSEA SHAH	8B	PRITHVI	2 ND
6.	ANANYA GANATRA	8A	AGNI	3 RD
7.	MANAN DHARIWAL	6C	JAL	1 ST
8.	ANUSHKA SHAH	6B	AGNI	2 ND
9.	KAYRA PATEL	6D	VAYU	3 RD
10.	MUSKAN DHANDHARIA	5E	PRITHVI	3 RD

PAINTING



We extend our heartfelt congratulations to all the winners and participants who showcased the true spirit of competition—not just to win, but to express, learn, and grow.

Let us continue to cheer on our students as they dream big, work hard, and continue making us proud!



MONTHLY NEWSLETTER

EDITION 8 (AUGUST 2025)

RISING STARS AT WSRO REGIONAL FINALS!

We are proud to announce that our talented students made an impressive mark at the WSRO Regional Finals 2025, held under the prestigious Industry 4.0 Challenge. Tackling AI-based autonomous systems that required precise coding and adaptability—even to slight changes in lighting conditions—our students displayed exceptional skill and determination.

Team ForgeBots earned the Second Runner-Up Award for their outstanding performance.

Team Members:

Kavish Patel (Grade 6D)
Khush Shah (Grade 5D)
Dhairya Tibrewala (Grade 5D)
Pratham Shah (Grade 5E)



Team NeoTorque received the coveted Judges' Choice Award, applauded for their innovative approach and teamwork.

Team Members:

Jalashri Adeshara (Grade 7D)
Rijjwal Agrawal (Grade 5E)
Riyansh Ajmera (Grade 5E)
Hiyan Doshi (Grade 6E)



We extend our heartfelt appreciation to the mentors who guided these young innovators and congratulate all the participants for their hard work and success. We now look forward to cheering them on at the WSRO Nationals!



Vani Shah of Grade 9 Chirayu secured the Bronze Medal in the NWR Lawn Tennis (U-17 Girls) Regional Tournament and has been selected for Nationals. Congratulations on this remarkable achievement!

Ace Achievement at NWR Regionals!

Darsh Kadamiya of Grade 8 – Akshaya showcased exceptional skill and determination to secure the Bronze Medal in the Under-14 Boys' Singles category at the NWR Regional Lawn Tennis Tournament.



Congratulations, Darsh, on this proud achievement! Keep serving up success!



Gold Glory at NWR Regional Tournament!

We are proud to share that our talented students **Khanak Agarwal (Grade 10 – Akshaya), Anushka Vaghela (Grade 8 – Durlabh), Kashvi Raval (Grade 9 – Ekaya), and Siya Patel (Grade 9 – Bindu)**—secured the Gold Medal in the Under-17 Girls category at the NWR Regional Lawn Tennis Tournament.

Congratulations to our champions on this outstanding achievement and for making Anand Niketan Shilaj shine!



Bronze Glory at NWR Regionals!

Our **Under-14** Girls Basketball Team secured the Bronze Medal at the NWR Regional Basketball Tournament held today at LML School. Their teamwork, spirit, and determination on the court made us immensely proud. Congratulations to the entire team for this commendable achievement!



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EDITION 8 (AUGUST 2025)



U-17 Girls Shine at District Level – Subroto Cup Champions!

Our Under-17 Girls Football Team emerged champions at the District-Level Subroto Cup, showcasing incredible skill and perseverance.

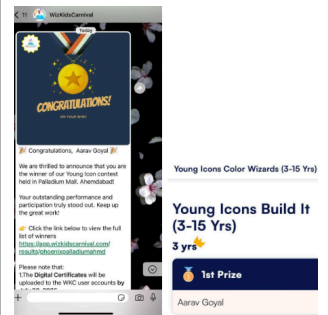
- Anand Niketan Shilaj vs DPS Bopal – Won 6-5
- Anand Niketan Shilaj vs CM Amin School, Bawla – Won 2-0

Kudos to our champions for their outstanding performance and unwavering team spirit!

Tiny Builder, Big Dreams!

Aarav Goyal of Nursery Bindu made us proud by securing 1st place in the National LEGO Build-It-Up Competition.

His imaginative creation of the Ram Mandir along with a carriage that could both fly and run on the road wowed the judges and captured hearts.



Congratulations, Aarav, on turning your vision into a winning masterpiece!

Debate Distinction!

Abhimanyu Singh, a confident speaker from Grade 9 Chirayu, secured 3rd place in the NWR Debate Competition held at Anand Niketan Satellite Campus.



His articulate views and poised delivery impressed the judges and audience alike. Congratulations, Abhimanyu!



Champions of the Field!

Anand Niketan Shilaj's **U-15 Boys Football Team** emerged as the proud Champions of the Subroto Cup – District Level with an exceptional winning streak:

- ANSh vs Calorx School – Won 7-0
- ANSh vs Zydus School – Won 6-0
- Final: ANSh vs Udgam School – Won 2-0

Their teamwork, strategy, and sportsmanship were truly commendable. Congratulations to our young footballers for bringing home the trophy and making the entire school proud!

Proud Moment for ANSh

Bianca Dalwadi on National Television!

We are delighted to share that Bianca Dalwadi, a talented student of Grade 10 – Akshaya, commonly known as the 'Java Girl', has been invited by Doordarshan, India's national broadcaster, to appear on their popular morning show 'Good Morning Gujarat'.

This recognition comes as a celebration of her exceptional achievements and dedication to innovation and technology. The interview is scheduled to air on Wednesday, 2nd July 2025, where Bianca will share her inspiring journey and accomplishments with viewers across the state.

Her passion and perseverance continue to shine, making all of us at Anand Niketan Shilaj incredibly proud. We wish her the very best as she represents the voice of young changemakers on a national platform.





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EDITION 8 (AUGUST 2025)

Bending with Grace, Rising with Strength!

Our talented students from Anand Niketan Shilaj showcased outstanding performances at the NWR Yogasana Regional Competition, held at SGVP School.



Under 14 – Girls

- Samya Panchal – Grade 8 Akshaya – 4th Rank in Rhythmic Yogasana

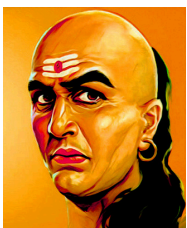
Under 14 – Boys

- Atharv Bhatt – Grade 8 Fahmida – 2nd Rank, Silver Medal
- Virajsinh Parmar – Grade 6 Durlabh – 3rd Rank, Bronze Medal

Under 17 – Girls

- Priyal Bhatt – Grade 11 Akshaya –
- 2nd Rank, Silver Medal in Individual Yoga Competition
- 3rd Rank, Bronze Medal in Rhythmic Yogasana

Congratulations to all the winners for their discipline, flexibility, and graceful dedication. You've made us proud!



“Knowledge without action is meaningless.”

– Chanakya

Rolling to Victory at the NWR Regional Skating Tournament!

We are proud to announce the stellar performance of our students at the NWR Regional Skating Tournament, where they raced their way to multiple podium finishes across various categories.



Under-11 Girls

Kanvi Rakholiya – Grade 3-Bindu (Gold – 1000m, Gold – 500m)

Under-11 Boys

Mourya Ankoliya – Grade 4-Ekaya (Gold – 1000m, Silver – 500m)

Pransh Sethiya – Grade 4 (Silver – 1000m, Bronze – 500m)

Under-14 Girls

Heer Misty – Grade 7-Fahmida (Gold – 1000m, Gold – 500m)

Diya Kankani – Grade 6 (Bronze – 1000m, Silver – 500m)

Under-14 Boys

Dharm Patel – Grade 8-Durlabh (Gold – 1000m, Gold – 500m)

Congratulations to all our champions for their incredible dedication and sportsmanship. You continue to make Anand Niketan Shilaj proud!



Gliding to Glory – Aagam Shines at the 20th National Ice Skating Championship!

We are proud to share that Aagam Arpit Gupta, a student of Grade 7 – Fahmida, represented Anand Niketan Shilaj at the 20th National Ice Skating Championship held in Dehradun, Uttarakhand.

Among the top 7 skaters from across India, Aagam delivered a remarkable performance—finishing 2nd in the heats and qualifying for the finals in the 333m race. His participation across multiple categories highlighted his endurance, technique, and dedication to the sport.

Aagam is currently training under the mentorship of none other than Olympian Vishwaraj Jadeja, and his journey reflects true commitment, passion, and potential.

Congratulations, Aagam! You've glided your way into our hearts and set an inspiring example for aspiring athletes at ANSh.



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EDITION 8 (AUGUST 2025)

Ace Achievements at the NWR Regional Lawn Tennis Tournament

Anand Niketan Shilaj proudly celebrates the stellar performance of our students at the NWR Regional Lawn Tennis Tournament. Demonstrating skill, determination, and exemplary sportsmanship, our young athletes achieved remarkable success:



Under-14 Girls – Doubles

Hardi Agrawal and Shreeya Patel – 1st Position

Under-17 Girls – Doubles

Aaraya Chaudhary and Vani Shah – 1st Position

Under-14 Boys – Singles

Darsh Kadamiya – 1st Position

Vraj Patel – 2nd Position

Swar Shah – 3rd Position

Under-14 Girls – Singles

Nitya Ghadia – 3rd Position

Under-17 Girls – Singles

Vani Shah – 1st Position

Aaraya Chaudhary – 2nd Position

We applaud our students for their dedication and impressive achievements on the court. You've made us all proud!

ANSh Shines at the Badminton Championship

We are proud to celebrate the outstanding performance of our students in the U14, U17, and U19 Badminton Tournaments. Their dedication, agility, and sportsmanship brought home numerous accolades:



Under-14 Girls Doubles

- Silver Medal: Vidhi Bhojwani & Chahak Bajaj

Under-14 Girls Singles

- Gold Medal: Paavi Maloo
- Silver Medal: Naisha Maheshwari

Under-17 Girls Doubles

- Gold Medal: Prisha Patel & Heer Desai

Under-17 Girls Singles

- Silver Medal: Heer Desai
- Bronze Medal: Prisha Patel

Under-17 Boys Singles

- Silver Medal: Rishaan Jani
- Bronze Medal: Reyansh Agarwal

Under-19 Girls Singles

- Gold Medal: Heshva Raval
- Silver Medal: Stuti Vora

Under-19 Girls Doubles

Gold Medal: Heshva Raval & Stuti Vora



Anand Niketan Shilaj U-15 Boys Crowned Subroto Cup State Champions

Our U-15 Boys' Football Team (Ahmedabad Rural) brought immense pride to the school by clinching the State Championship Title at the Subroto Cup held in Surat with an incredible display of teamwork, skill, and determination.

Our Champions: Kashyap Patel (9-Akshaya), Shubham Das (9-Durlabh), Daksh Gandhi (9-Ekaya), Veer Patel (9-Durlabh), Siddh Shah (9-Bindu), Jeneel Shah (9-Bindu), Mahin Pansuria (9-Bindu), Hetansh Shah (9-Akshaya), Devansh Udavani (8-Chirayu), Mahith Rathod (8-Durlabh), Manvay Joshi (8-Ekaya), Adityaraj Vyas (8-Chirayu), Sahil Bavishi (8-Bindu)

Individual Achievements: Shubham Das – Top Scorer with 15 goals, Megh Mehta – Scored 4 goals, Manvay Joshi – Scored 1 goal, Jeneel Shah – Scored 1 goal.

The team now gears up to represent Gujarat at the National Level Subroto Cup.



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TEAM UNITYM SHOWCASES INNOVATION AND GRIT AT F1

Anand Niketan Shilaj proudly celebrates the incredible journey of Team UNITYM as they represented the school at the F1 in Schools National Finals held at Genesis Global School, Noida from 25th to 27th July 2025.

Comprising four passionate innovators – Aarav Patel (Grade 6, Durlabh), Veer Chandaria (Grade 9, Bindu), Mahith Rathod (Grade 8, Durlabh), and Neev Kothari (Grade 9, Akshay) – Team UNITYM brought their creativity, resilience, and engineering brilliance to the forefront of this prestigious STEM-based competition.

The three-day challenge tested their mettle across multiple domains:

Day 1: The team impressed judges with their Design and Engineering Presentation, articulating their technical decisions, car development process, and innovative thinking with clarity and precision.

Day 2: Filled with adrenaline and articulation, the team raced their custom-built F1 car while also delivering a compelling Verbal Presentation, showcasing not only technical expertise but also teamwork, time management, and communication skills.

Day 3: The spotlight turned to their visually engaging and concept-driven Pit Display – a culmination of months of planning, designing, and branding. Each element of their booth echoed the team’s identity and journey, demonstrating creativity and coherence.



Celebrating Excellence in Mental Math!

Aarya Kanani of Grade 2 Bindu made Anand Niketan Shilaj proud by winning a Gold Medal at the 168th Regional Abacus Competition—an inspiring achievement in focus and number mastery!

Throughout the event, Team UNITYM displayed extraordinary determination, embodying the values of perseverance, collaboration, and problem-solving under pressure. Their reflections were captured in a 50-second Pressure Challenge Video, celebrating the highs, lows, and lessons of their F1 journey – earning them appreciation beyond scores.



The F1 in Schools experience has ignited in these young minds a deeper passion for STEM, design thinking, and innovation. As they return with memories, insights, and stronger bonds, they carry with them not just the pride of participation, but the power of purpose-driven learning.

Congratulations, Team UNITYM – you raced with your minds, and you won with your heart!



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SAMARPAN – GIVING IS LIVING

EHSAAS: EMPOWERING HEARTS, ENRICHING LIVES

This August, under our ongoing initiative Ehsaas: Empowering Hearts, Enriching Lives, our students at Anand Niketan Shilaj Campus embraced the spirit of giving by sharing books and stationery with students of Athana Prathmik Shala. Their thoughtful gesture brought smiles and learning opportunities to others, while nurturing empathy and gratitude within themselves.

Such meaningful interactions remind us that even the smallest act of kindness can leave a lasting impact. Through these experiences, our students are learning that true education lies not just in academic excellence, but in compassionate action.

We are proud to announce the Ehsaas Award recipients for JUNE—students who went above and beyond to make a difference. Their compassion and thoughtfulness reflect the values we strive to uphold in our school community.



Celebrating Compassion: June Ehsaas Award Winners: Atharv Shukla (5-Bindu), Dhrit Gadhiya (2-Fahmida), Swara Prajapati (4 - Ekaya), Harshwardhan Murarka(3-Bindu), Kanishka Murarka (K1-Akshaya), Diyan Panchal (K1-Akshaya), Dhrihay Shah(K1-Akshaya), Vihaan Doshi(2-Fahmida), Pratham Shah(5-Ekaya), Diya Thakkar(K2-Akshaya), Nishv Shah(Nur-Akshaya), Jiyaan Turakhiya(Nur-Akshaya), Riyana Patel(Nur-Akshaya), Ahana Singh(5-Bindu).

August Focus: Let's continue fostering a culture of kindness and sharing. May our actions this month inspire others to give selflessly, grow mindfully, and live purposefully.

FABULOUS FALCON AWARDS

Celebrating Values, Character, and Kindness in Action

At Anand Niketan Shilaj, we believe that true greatness lies not only in academic excellence but also in the values we live by each day. The Fabulous Falcon Award honours students who have consistently displayed integrity, empathy, responsibility, and leadership—both inside and outside the classroom.

For the month of June we are proud to recognise students who stood out for their exemplary conduct, helpful nature, and positive influence on their peers. Whether it was through acts of kindness, taking initiative, showing respect, or simply bringing smiles through their actions—these young falcons have soared high through their character and compassion.



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- **Respect for Self:** Kavya Nanavaty(1-Fahmida), Ishita Shah(2-Fahmida), Anayra Parekh (3-Akshaya), Pransh Shah(4-Bindu), Ahana Singh(5-Bindu), Geet Nanavaty(6-Durlabh), Avi Patel(7-Durlabh), Maanam Thakkar(8-Akshaya), Erin Verma(9-Bindu).
- **Respect for Others:** Bhagya Ganatra(1-Akshaya), Nirvi Yagnik(2-Durlabh), Kabir Patel (3-Bindu), Ira Dave(4-Ekaya), Saara Sohoni(5-Fahmida), Himaksh Khira(6-Bindu), Sattva Patel (7-Akshaya), Pransh Mehta(8-Bindu), Abhimanyu Singh(9-Chirayu).
- **Respect for Property:** Varushka Raval(1-Bindu), Nirvi Bhansari(2-Bindu), Anay Sinha (3-Fahmida), Swara Goyal(4-Chirayu), Hriday Patel(5-Akshaya), Dhiaan Puri(6-Akshaya), Rudrasingh Tomar(7-Ekaya), Deehar Soni(8-Ekaya), Rishika Babaria(9-Durlabh).

Congratulations to our Fabulous Falcons of June!

You remind us all that being good human beings is the greatest achievement of all. Keep spreading goodness and inspiring others to follow your flight path.

ANSH ASPIRANT

Heroes Within, Superheroes Together

At Anand Niketan Shilaj, we believe that learning is not just about outcomes—it's about effort, attitude, and the aspiration to improve each day. The ANSh Aspirant Certificate is our way of acknowledging students who have consistently demonstrated a positive approach to learning, perseverance in the face of challenges, and a genuine curiosity to grow.

For the month of June, we are proud to celebrate the students who stood out for their commitment to self-improvement, active classroom participation, and a growth mindset. Whether it was raising thoughtful questions, showing resilience, or supporting their peers—these students truly embodied what it means to be an aspirant learner.

ANSh Aspirant(JUNE): Pravajya Shah(1-Akshaya), Aarvi Patel(1-Bindu), Prehaan Shah(1-Chirayu), Tithi Patel (1-Durlabh), Raisa Shah(1-Ekaya), Jaina Patel(1-Fahmida), Jenika Soni(2-Akshaya), Pihu Punjabi(2-Bindu), Eavan Mehta(2-Chirayu), Priyanshi Shah(2-Durlabh), Riyansh Shah(2-Ekaya), Risheek Pherwani(2-Fahmida), Parva Joshi (3-Akshaya), Heer Shah(3-Bindu), Reet Saini(3-Chirayu), Avyan Patel(3-Durlabh), Punyaashri Raval(3-Ekaya), Vanshika Doshi(3-Fahmida), Takshvi Baroliya(4-Akshaya), Purnav Ghosh(4-Bindu), Sonu Adeshara(4-Chirayu), Aum Hindocha(4-Durlabh), Ezhyra Singhal(4-Ekaya), Darshrajsinh Jhala(4-Fahmida), Vedanshi Patel(5-Akshaya), Reeva Patel(5-Bindu), Maurya Rajgor(5-Chirayu), Vihaan Shah(5-Durlabh), Vanshika Bothra(5-Ekaya), Reyansh Shah(5-Fahmida), Maksharth Oza(6-Akshaya), Aania Patel(6-Bindu), Reya Upadhyay(6-Chirayu), Namra Shah(6-Durlabh), Jeevika Arora(6-Ekaya), Aarav Trivedi(6-Fahmida), Meharr Jadav(7-Akshaya), Unnati Kakkad (7-Bindu), Faiz Rathod(7-Chirayu), Avi Patel(7-Durlabh), Rudra Singh Tomar(7-Ekaya), Heer Mistri (7-Fahmida), Darsh Kadamiya(8-Akshaya), Ditya Modi(8-Bindu), Pavi Maloo(8-Chirayu), Reyna Chheda (8-Durlabh), Monish Chandorkar(8-Ekaya).

Congratulations to all our ANSh Aspirants for June!

Your journey inspires us all to strive, learn, and shine brighter every day. Keep reaching higher—with heart, humility, and hard work.



MONTHLY NEWSLETTER

EDITION 8 (AUGUST 2025)

ACTION FOR HAPPINESS

ALTRUISTIC AUGUST – SPREADING KINDNESS, ONE ACT AT A TIME

At Anand Niketan Shilaj, we believe that happiness grows when it's shared. Altruistic August is a beautiful reminder that even the smallest acts of kindness can create ripples of positivity that reach far beyond ourselves.

As we move through the academic year, this month invites us—students, parents, and educators alike—to lead with generosity, compassion, and empathy. Whether it's offering help to a classmate, writing a thank-you note, or simply listening with full attention, every thoughtful gesture adds warmth and connection to our school community.



Why Kindness Matters in Learning

Research shows that kindness enhances emotional well-being, builds strong relationships, and improves classroom culture. When students feel valued and supported, they are more engaged, cooperative, and motivated to do their best—not just academically, but as individuals.

Here is your **Altruistic August Calendar**, filled with simple daily actions to inspire kindness, gratitude, and meaningful connections.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Altruistic August 2025					1 Set an intention to be kind to others (and yourself) this month	2 Send an uplifting message to someone you can't be with	3 Be kind and supportive to everyone you interact with
	4 Ask someone how they feel and really listen to their reply	5 Spend time wishing for other people to be happy and well	6 Smile and be friendly to the people you see today	7 Give time to help a project or cause you care about	8 Make some tasty food for someone who will appreciate it	9 Thank someone you're grateful to and tell them why	10 Check in with someone who may be lonely or feeling anxious
	11 Share an encouraging news story to inspire others	12 Contact a friend to let them know you're thinking of them	13 No plans day! Be kind to yourself so you can be kind to others too	14 Take an action to be kind to nature and care for our planet	15 If someone annoys you, be kind. Imagine how they may be feeling	16 Make a thoughtful gift as a surprise for someone	17 Be kind online. Share positive and supportive comments
	18 Today do something to make life easier for someone else	19 Be thankful for your food and the people who made it possible	20 Look for the good in everyone you meet today	21 Donate unused items, clothes or food to help a local charity	22 Give people the gift of your full attention	23 Share an article, book or podcast you found helpful	24 Forgive someone who hurt you in the past
	25 Give your time, energy or attention to help someone in need	26 Find a way to 'pay it forward' or support a good cause	27 Notice when someone is down and try to brighten their day	28 Have a friendly chat with someone you don't know very well	29 Do something kind to help in your local community	30 Give away something to help those who don't have as much as you	31 Share Action for Happiness with other people today

Happier · Kinder · Together



MONTHLY NEWSLETTER

EDITION 8 (AUGUST 2025)

DID YOU KNOW?

Acts of altruism—like volunteering, expressing appreciation, or supporting a friend—trigger the brain's happiness chemicals such as oxytocin and serotonin. In other words, being kind literally makes us feel better!

REFLECTIONS THAT MATTER

Honouring Every Educator's Journey

In a heartfelt note that has resonated across the global education community, Mrs. Carter, a first-grade teacher from Ohio, shared her final reflections after 36 years in the classroom. Her farewell was not one filled with fanfare—but with quiet memories, honest truths, and a deep love for a profession that has changed dramatically over the decades. Her story began with a piercing remark from a 7-year-old on her last day: "You're useless. My mom says old people like you should retire." There was no malice—just a child echoing a world that has grown indifferent to the people who once shaped it with patience and care. Mrs. Carter spoke of the early years—of hand-drawn birthday cards, reading corners with bean bags, and the joy of watching a child read their first sentence. Teaching felt like a calling. There was trust, respect, and a sense of shared purpose between schools and families. But time brought change. Smartboards replaced stories. Spreadsheets replaced smiles. Classrooms became battlegrounds of behaviour management and unrealistic expectations. The warmth and wonder of teaching were slowly replaced by exhaustion, silence, and scrutiny. Despite the disillusionment, Mrs. Carter clung to her moments of meaning: A child whispering, "I feel safe here." Another confiding, "You're like my grandma. I wish I could live with you." Those moments reminded her that "even when the world insisted I wasn't, I was still doing something that mattered." She didn't retire with a celebration. No party. No speech. Just a firm handshake from a new principal, eyes on a phone. And yet, she left with something more powerful—decades of memories, of little voices, of lives quietly changed. "I took the memory of every child who ever looked at me with wonder, trust, or relief. That's mine. They can't take that away." Her message is a reminder that education isn't just systems and scores—it is soul work. It is early mornings, calming storms, celebrating tiny triumphs, and showing up even when no one notices. Let us remember: Teachers are not outdated. They are not invisible. They are the steady hands guiding generations through the noise. As we build the future, let us pause to honour those who have shaped our past—with love, courage, and relentless belief in something better. If Mrs. Carter's story resonates with you, we welcome you to share your thoughts or write a message of gratitude for an educator who shaped your life at ansh.newsletter@anandniketan.edu.in. Let August be more than announcements. Let it be a month of honour, heart, and humanity.

CHALLENGE FOR AUGUST:

Perform three acts of kindness this week—big or small—and reflect on how it made you feel.

Write to us at ansh.newsletter@anandniketan.edu.in to share your kindness moment. You might inspire someone else to pass it forward! Let's make this August a celebration of giving, growing, and glowing from the inside out.

Together, let's choose kindness—every day, in every way.



MONTHLY NEWSLETTER

EDITION 8 (AUGUST 2025)

PARENT'S CORNER: SUPPORTING, GUIDING, AND GROWING TOGETHER

August Edition – Raising Digitally Balanced Children

In today's connected world, screens are everywhere—from virtual classrooms and video calls to games and social media. While technology opens incredible doors for learning and connection, it also brings new challenges: shorter attention spans, screen dependency, and emotional fatigue.

At Anand Niketan Shilaj, we believe digital wellbeing is just as important as physical and emotional wellbeing. It's not about removing devices, but teaching children to use them mindfully and meaningfully—with purpose, balance, and responsibility.

Building Digital Balance: 4 Intentional Habits for Parents

- **Create Screen-Free Zones**

Make mealtimes, family time, and bedtime device-free. This helps children develop healthy routines and enjoy uninterrupted connection with loved ones.

- **Talk About Tech Use, Openly**

Ask your children: "What did you enjoy online today?" or "What's something you wish you could change about the internet?" Honest conversations build awareness and trust.

Your Digital Family Tip!

What's one rule or routine you've set at home that helps your children stay digitally balanced? Share your tip with us at ansh.newsletter@anandniketan.edu.in, and we might feature it in next month's edition.

Let's raise a generation that's not just tech-savvy, but tech-wise—curious, careful, and confident online and offline.

- **Model Mindful Habits**

Children follow what we do. When you set your phone aside to listen or choose to read instead of scroll, they learn to value real-time presence.

- **Encourage a 4:1 Ratio**

For every 1 hour of screen time, encourage 4 meaningful offline activities—like reading, physical play, art, conversation, or nature exploration.

August Reflection for Parents

Balance is not just about time spent—it's about time well spent.

Let's teach our children that being online should never come at the cost of sleep, movement, relationships, or real joy.

PUZZLE OF THE MONTH – AUGUST EDITION

The monsoon may be pouring outside, but let's shower our minds with a burst of brainpower! It's time for another playful challenge to stretch those thinking muscles.

Riddle Me This: "I shrink smaller every time I take a bath. What am I?"

Think you've figured it out?

Email your answer to ansh.newsletter@anandniketan.edu.in and you might be featured as our Riddle Star in the September edition!



MONTHLY NEWSLETTER

EDITION 8 (AUGUST 2025)

Answer to July's Riddle:

"What comes once in a minute, twice in a moment, but never in a thousand years?"

Answer: The letter 'M'

A Round of Applause to Our July Riddle Stars

We're proud to recognise our bright and enthusiastic parent participants who sent in the correct answer:

Saraju Amin, Mother of Ruhani Patel (Nursery – Akshaya), Astha Goyal, Mother of Aarav Goyal (Nursery – Bindu), Inali Patel, Parent of Dwij Jeet Patel (Nursery – Akshaya), Dhvani Sangani, Mother of Devansh Sangani (K1 – Chirayu), Ruby Patel, Mother of Yug Yogesh Gundariya.(K1-Chirayu), Varun Motwani, Parent of Mysha Motwani (Grade 1 – Fahmida), Ruchi Gosaliya, Mother of Raynav Gosaliya (Grade 1 – Durlabh), Ankita Soni, Mother of Jenika Soni (Grade 2 – Akshaya), Rachana Anandjiwala, Mother of Pal Anandjiwala (Grade 4 – Durlabh).

Your participation brings joy and connection to our learning community. Thank you for making learning fun, memorable, and full of smiles—both at home and in school.

AUGUST SPARK! FUN & ENGAGEMENT CORNER

The new term is in full swing, and August brings with it a spirit of giving, growing, and glowing! Let's celebrate this month with a fresh batch of riddles, word games, and creativity—because learning is more fun when we play with purpose.

★ Riddle Me This – Altruistic August Edition!

Can you figure out these thought-provoking clues?

I grow bigger the more you share me. What am I?

I'm not money, yet I can be spent. I'm best given freely. What am I?

The more you give me, the more I multiply—but I'm not a number. What am I?

I make people smile, cost nothing, and take just a second to give. What am I?

✉ Think you know? Send your answers to ansh.newsletter@anandniketan.edu.in for a chance to be our Riddle Star of the Month!

abc Word Whirl – August Jumble!

Unscramble these value-based words that reflect the heart of kindness and growth:

DILKEN → _____

REACS → _____

TNILREESI → _____

GNENRATOEIS → _____

ESPECTR → _____

🎨 Creative Challenge:

Pick any one of the above words. Draw it. Write about it. Show us how you live it.

Email your entry to ansh.newsletter@anandniketan.edu.in

— your work could be featured next month!

✅ Answers

Riddles: 1. Kindness, 2. Time, 3. Love, 4. A Smile

Jumbled Words: 1. KINDLE, 2. CARES, 3. RESILIENT, 4. GENERATIONS, 5. RESPECT

📖 Did You Know?

The word August comes from Augustus Caesar, a Roman emperor known for peace and reform. Just like his legacy, this month invites us to bring change through compassion, small acts of kindness, and collective purpose.

📖 6-Word Kindness Challenge

Can you sum up a value you believe in using just 6 words? Here's one to start:

"Kind words echo louder than silence."

Share yours with us!

😄 Joke of the Month

Student: Why did the eraser volunteer in class?

Teacher: Why?

Student: Because it knew everyone makes mistakes!



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